

POTATOES, WHITE (FRESH)

Yield 100

Portion 3/4 Cup

| Calories | Carbohydrates | Protein | Fat | Cholesterol | Sodium | Calcium |
|----------|---------------|---------|-----|-------------|--------|---------|
| 137 cal | 32 g | 3 g | 0 g | 0 mg | 83 mg | 16 mg |

Ingredient

WATER
SALT
POTATOES,WHITE,FRESH

Weight

37-5/8 lbs
5/8 oz
35 lbs

Measure

4 gal 2 qts
1 tbsp
6 gal 1-1/2 qts

Issue

Method

- 1 Bring water to a boil in steam-jacketed kettle or stock pot.
- 2 Add salt.
- 3 Add potatoes; bring water back to a boil. Cover; cook potatoes 20 to 25 minutes. CCP: Heat to 145 F. or higher for 15 seconds.
- 4 Place potatoes in serving pans. Garnish as desired. CCP: Hold for service at 140 F. or higher.