

GREENS, COLLARD (FROZEN)

Yield 100

Portion 3/4 Cup

Calories	Carbohydrates	Protein	Fat	Cholesterol	Sodium	Calcium
88 cal	17 g	7 g	1 g	0 mg	774 mg	517 mg

Ingredient

WATER
SALT
GREENS,COLLARD,FROZEN

Weight

25-1/8 lbs
5/8 oz
54 lbs

Measure

3 gal
1 tbsp
9 gal <1/16th qts

Issue

Method

- 1 Bring water to a boil in a steam-jacketed kettle or stock pot.
- 2 Add salt.
- 3 Add greens; stir well. Return to a boil; cover.
- 4 Reduce heat; cook greens 15 to 30 minutes. CCP: Heat to 145 F. or higher for 15 seconds.
- 5 Place greens in serving pans. CCP: Hold for service at 140 F. or higher. Garnish if desired.