## VEGETABLES No.Q 045 04 FRENCH FRIED SHOESTRING POTATOES (FROZEN, OVEN)

Yield 100			<b>Portion</b> 3-1/2 Ounces			
Calories	Carbohydrates	Protein	Fat	Cholesterol	Sodium	Calcium
217 cal	33 g	3 g	8 g	0 mg	31 mg	8 mg
<u>Ingredient</u> POTATO,WHITE,FROZEN,SHOESTRING COOKING SPRAY,NONSTICK				Weight 30 lbs 2 oz	Measure	<u>Issue</u>

## **Method**

2 Lightly spray sheet pans with non-stick cooking spray.

3 Place about 2 pounds 8 ounces potatoes on each sheet pan.

4 Using a convection oven, bake in 400 F. for 7 to 10 minutes on high fan, open vent until golden brown. CCP: Hold at 140 F. or higher for service.