VEGETABLES No.Q 045 02 FRENCH FRIED POTATOES (FROZEN, OVEN METHOD)

Yield 100			Portion 3-1/2 Ounces			
Calories	Carbohydrates	Protein	Fat	Cholesterol	Sodium	Calcium
252 cal	39 g	4 g	10 g	0 mg	37 mg	10 mg
<u>Ingredient</u> POTATO,WHITE,FROZEN,FRENCH FRIED COOKING SPRAY,NONSTICK				Weight 35 lbs 2 oz	Measure	<u>Issue</u>

Method

1 Use frozen French fried potatoes.

2 Lightly spray sheet pans with non-stick cooking spray.

3 Place about 3 pounds 14 ounces potatoes on each sheet pan.

4 Using a convection oven, bake at 450 F. 20 to 25 minutes on high fan, open vent. CCP: Hold at 140 F. or higher for service.