

PEAS WITH CELERY (FROZEN)

Yield 100

Portion 3/4 Cup

Calories	Carbohydrates	Protein	Fat	Cholesterol	Sodium	Calcium
111 cal	18 g	6 g	2 g	0 mg	148 mg	53 mg

Ingredient

<u>Ingredient</u>	<u>Weight</u>	<u>Measure</u>	<u>Issue</u>
PEAS, GREEN, FROZEN	22-1/2 lbs	4 gal 1-3/4 qts	
SALT	5/8 oz	1 tbsp	
WATER, BOILING	16-3/4 lbs	2 gal	
CELERY, FRESH, CHOPPED	12-3/4 lbs	3 gal <1/16th qts	17-1/2 lbs
WATER, BOILING	6-1/4 lbs	3 qts	
MARGARINE	8 oz	1 cup	

Method

- 1 Add frozen peas to boiling salted water.
- 2 Bring to a boil; cover; cook gently 6 to 8 minutes or until tender. Drain.
- 3 Place celery in boiling water. Cook 10 to 15 minutes or until tender; drain.
- 4 Combine hot peas and celery with melted butter or margarine; mix gently. CCP: Internal temperature must reach 145 F. or higher for 15 seconds. Hold at 140 F. or higher for service.