SMOTHERED ONIONS (DEHYDRATED ONIONS)

Yield 100 Portion 1/2 Cup

Calories	Carbohydrates	Protein	Fat	Cholesterol	Sodium	Calcium
117 cal	19 g	2 g	4 g	0 mg	358 mg	61 mg

<u>Ingredient</u>	Weight	Measure Is	<u>sue</u>
ONIONS,DEHYDRATED,CHOPPED	5 lbs	2 gal 2 qts	
WATER,WARM	33-1/2 lbs	4 gal	
OIL,SALAD	1 lbs	2 cup	
SALT	3-1/8 oz	1/4 cup 1-1/3 tbsp	
PEPPER,BLACK,GROUND	1/8 oz	1/8 tsp	

Method

- 1 Rehydrate onions in water 1 hour; drain well.
- 2 Blend salad oil, salt and pepper with onions in steam-jacketed kettle or stock pot.
- 3 Cover; bring to a boil. Reduce heat; simmer 20 minutes or until tender and slightly browned, stirring occasionally.
- 4 Drain well. CCP: Heat to 145 F. or higher for 15 seconds. Hold at 140 F. or higher for service.