

GREEN BEANS CREOLE

Yield 100

Portion 1/2 Cup

Calories	Carbohydrates	Protein	Fat	Cholesterol	Sodium	Calcium
54 cal	11 g	2 g	1 g	0 mg	221 mg	51 mg

Ingredient

BEANS, GREEN, FROZEN, WHOLE
 SALT
 WATER
 CREOLE SAUCE

Weight

16 lbs
 5/8 oz
 12-1/2 lbs

Measure

3 gal 2-5/8 qts
 1 tbsp
 1 gal 2 qts
 1 gal 2 qts

Issue

Method

- 1 Add beans to salted water.
- 2 Bring to a boil; cover; simmer 5 to 8 minutes or until beans are tender. Drain; reserve 1 quart liquid. CCP: Heat to 145 F. or higher for 15 seconds. Hold for service at 140 F. or higher.
- 3 Add Creole Sauce, Recipe No. O 005 00 to drained beans.