

**GRILLED HAM AND EGG SANDWICH**

**Yield** 100

**Portion** 1 Sandwich

<b>Calories</b>	<b>Carbohydrates</b>	<b>Protein</b>	<b>Fat</b>	<b>Cholesterol</b>	<b>Sodium</b>	<b>Calcium</b>
237 cal	22 g	14 g	9 g	210 mg	663 mg	88 mg

**Ingredient**

HAM,COOKED,BONELESS  
 EGGS,WHOLE,FROZEN  
 COOKING SPRAY,NONSTICK  
 BUN,HAMBURGER,TOASTED

**Weight**

6-1/4 lbs  
 10 lbs  
 2 oz  
 9-1/2 lbs

**Measure**

1 gal 2/3 qts  
 1/4 cup 1/3 tbsp  
 100 each

**Issue**

**Method**

- 1 Slice ham into 1 ounce slices.
- 2 Lightly spray griddle with non-stick cooking spray. Place thawed eggs into a bowl; ladle individual 1/4 cup portions of beaten eggs on 325 F. greased griddle. Cook until firm. CCP: Internal temperature must reach 145 F. or higher for 15 seconds.
- 3 Serve hot on buns. CCP: Hold at 140 F. or higher for service.