

**CREAM CHEESE BAGEL**

**Yield** 100

**Portion** 1 Bagel

<b>Calories</b>	<b>Carbohydrates</b>	<b>Protein</b>	<b>Fat</b>	<b>Cholesterol</b>	<b>Sodium</b>	<b>Calcium</b>
346 cal	48 g	12 g	12 g	32 mg	561 mg	89 mg

**Ingredient**

CHEESE,CREAM  
BAGEL

**Weight**

6-3/8 lbs  
19-5/8 lbs

**Measure**

3 qts 1/2 cup  
100 each

**Issue**

**Method**

- 1 Place cream cheese in mixer bowl; beat at medium speed 3 to 4 minutes.
- 2 Cut bagels in half. Place in rows, 5 by 7, on ungreased sheet pans. Using a convection oven, toast 3 to 4 minutes at 325 F. until warm but still soft.
- 3 Spread each bagel half with 1 tablespoon cream cheese.