

**SALADS, SALAD DRESSINGS, AND RELISHES No.M 001 02**  
**CABBAGE, APPLE, AND RAISIN SALAD**

**Yield** 100

**Portion** 1/2 Cup

<b>Calories</b>	<b>Carbohydrates</b>	<b>Protein</b>	<b>Fat</b>	<b>Cholesterol</b>	<b>Sodium</b>	<b>Calcium</b>
105 cal	17 g	1 g	5 g	3 mg	66 mg	35 mg

**Ingredient**

SALAD DRESSING,MAYONNAISE TYPE  
 APPLES,FRESH,MEDIUM,UNPEELED,DICED  
 RAISINS  
 CABBAGE,GREEN,FRESH,SHREDDED

**Weight**

2 lbs  
 4-3/8 lbs  
 2-1/2 lbs  
 13 lbs

**Measure**

1 qts  
 0 gal 4 qts  
 2 qts  
 5 gal 1 qts

**Issue**

5-1/8 lbs  
 16-1/4 lbs

**Method**

- 1 Combine Salad Dressing or fat free Salad Dressing and apples.
- 2 Combine apple mixture, cabbage, and raisins.
- 3 Cover; refrigerate at least 2 to 3 hours. Refrigerate until ready to serve. CCP: Hold for service at 41 F. or lower.