

GRILLED OR OVEN FRIED BACON (PRECOOKED BACON)

Yield 100

Portion 2 Slices

| Calories | Carbohydrates | Protein | Fat | Cholesterol | Sodium | Calcium |
|----------|---------------|---------|-----|-------------|--------|---------|
| 29 cal | 0 g | 2 g | 2 g | 4 mg | 81 mg | 1 mg |

Ingredient

BACON,COOKED

Weight

4 lbs

Measure**Issue****Method**

- 1 Place bacon on 350 F. griddle. Heat 5 minutes until crisp but not brittle turning once after 3 minutes.
- 2 Drain on absorbent paper. CCP: Hold for service at 140 F. or higher.

Notes

- 1 Precooked bacon may be oven fried. Using a convection oven, bake 4 to 5 minutes at 375 F. or until slightly crisp on high fan, closed vent.