

SAVORY BAKED CHICKEN (BREAST BONELESS)

Yield 100

Portion 4 Ounces

Calories	Carbohydrates	Protein	Fat	Cholesterol	Sodium	Calcium
215 cal	9 g	34 g	4 g	88 mg	1643 mg	52 mg

Ingredient

CHICKEN,BREAST,BNLS/SKNLS,5 OZ
 SAUCE,TERIYAKI
 WORCESTERSHIRE SAUCE

Weight

31-1/4 lbs
 3-1/3 lbs
 1 lbs

Measure

1 qts 2 cup
 2 cup

Issue

Method

- 1 Place chicken breasts on lightly sprayed sheet pans.
- 2 Combine teriyaki and worcestershire sauce. Mix well. Brush chicken with glaze. Reserve glaze for use in Step 4.
- 3 Using a convection oven, bake at 325 F. 10 to 12 minutes on high fan, closed vent. CCP: Internal temperature must reach 165 F. or higher for 15 seconds. CCP: Hold for service at 140 F. or higher.
- 4 Remove chicken from oven. Pour remaining glaze equally between serving pans. CCP: Hold for service at 140 F. or higher.