

CHICKEN SALAD (COOKED DICED)

Yield 100

Portion 3/4 Cup

Calories	Carbohydrates	Protein	Fat	Cholesterol	Sodium	Calcium
229 cal	4 g	24 g	12 g	77 mg	371 mg	43 mg

Ingredient

<u>Ingredient</u>	<u>Weight</u>	<u>Measure</u>	<u>Issue</u>
CHICKEN,COOKED,DICED	18 lbs		
CELERY,FRESH,CHOPPED	9-1/2 lbs	2 gal 1 qts	13 lbs
SALAD DRESSING,MAYONNAISE TYPE	2-3/4 lbs	1 qts 1-1/2 cup	
ONIONS,FRESH,CHOPPED	15 oz	2-5/8 cup	1 lbs
JUICE,LEMON	8-5/8 oz	1 cup	
SALT	1-2/3 oz	2-2/3 tbsp	
PEPPER,BLACK,GROUND	1/4 oz	1 tbsp	
LETTUCE,LEAF,FRESH,CHOPPED	4 lbs	2 gal 1/8 qts	6-1/4 lbs

Method

- 1 Combine chicken, celery, salad dressing, onions, lemon juice, salt, and pepper. Mix lightly but thoroughly.
- 2 Place 1 lettuce leaf on serving dish. Top with 3/4 cup salad. CCP: Refrigerate product at 41 F. or lower until served.