

TUNA SALAD

Yield 100

Portion 3/4 Cup

Calories	Carbohydrates	Protein	Fat	Cholesterol	Sodium	Calcium
240 cal	10 g	22 g	12 g	110 mg	526 mg	47 mg

Ingredient

FISH,TUNA,CANNED,WATER PACK,INCL LIQUIDS
 CELERY,FRESH,CHOPPED
 ONIONS,FRESH,CHOPPED
 PICKLE RELISH,SWEET,DRAINED
 SALAD DRESSING,MAYONNAISE TYPE
 PEPPER,BLACK,GROUND
 JUICE,LEMON
 EGG,HARD COOKED,CHOPPED
 LETTUCE,LEAF,FRESH,HEAD

Weight

16-1/2 lbs
 8 lbs
 1-3/8 lbs
 2-2/3 lbs
 4-1/4 lbs
 1/3 oz
 1-1/4 lbs
 4-1/4 lbs
 4 lbs

Measure

3 gal 1/8 qts
 1 gal 3-5/8 qts
 1 qts
 1 qts 1 cup
 2 qts 1/2 cup
 1 tbsp
 2-3/8 cup
 38 Eggs

Issue

11 lbs
 1-5/8 lbs
 6-1/4 lbs

Method

- 1 Combine tuna, celery and onions. Mix lightly but thoroughly.
- 2 Combine salad dressing, pickle relish, lemon juice and pepper. Stir to blend thoroughly.
- 3 Add chopped eggs and salad dressing mixture to tuna mixture. Mix lightly.
- 4 Place 1 lettuce leaf on each serving dish. Top with 3/4 cup tuna salad; cover. CCP: Refrigerate product at 41 F. or lower until ready to serve.