

OVEN FRIED CHICKEN FILLETS (3 OZ)

Yield 100

Portion 2 Fillets

Calories	Carbohydrates	Protein	Fat	Cholesterol	Sodium	Calcium
551 cal	21 g	28 g	39 g	73 mg	1165 mg	49 mg

Ingredient

CHICKEN FILLET,BREADED,PRECOOKED,FROZEN,3 OZ

Weight

37-1/2 lbs

Measure

Issue

Method

- 1 Place fillets on pans. Using a convection oven, bake 12 to 14 minutes or until thoroughly heated in a 375 F. oven on high fan, closed vent. CCP: Internal temperature must reach 165 F. or higher for 15 seconds. Hold for service at 140 F. or higher.