MEAT, FISH, AND POULTRY No.L 092 00 BARBECUED SPARERIBS

Yield 100			P			
Calories	Carbohydrates	Protein	Fat	Cholesterol	Sodium	Calcium
594 cal	16 g	40 g	41 g	161 mg	1022 mg	81 mg
Ingredient PORK,SPARERIBS,FROZEN,RAW WATER SAUCE,CHILI CATSUP WORCESTERSHIRE SAUCE MUSTARD,PREPARED VINEGAR,DISTILLED				Weight 75 lbs 33-1/2 lbs 2-1/8 lbs 11-1/8 lbs 14-7/8 oz 6-5/8 oz 1-1/3 lbs	Measure 4 gal 3-3/4 cup 1 gal 1-1/4 qts 1-3/4 cup 3/4 cup 2-1/2 cup	<u>Issue</u>
SALT PEPPER,BLACK,GROUND PEPPER,RED,GROUND				1-7/8 oz 2/3 oz 1/4 oz	3 tbsp 3 tbsp 1 tbsp	

Method

- 1 Cut ribs into serving size portions 10 to 12 ounces raw weight total or 2 to 4 ribs. Place ribs in steam-jacketed kettle or stock pot.
- 2 Cover with water; bring to a boil; reduce heat; simmer 45 minutes or until tender. Drain ribs.
- 3 Combine chili sauce, catsup, Worcestershire sauce, mustard, vinegar, salt, black and red pepper; bring to a boil. Reduce heat; simmer 5 minutes.
- 4 Dip ribs in sauce to coat well. Overlap ribs in rows fat side up, in pans.
- 5 Pour remaining sauce evenly over ribs in each steam table pan; cover pans.
- 6 Bake 1 hour in 325 F. oven, uncover pans; bake 30 minutes longer. CCP: Internal temperature must reach 145 F. or higher for 15 seconds.
- 7 Skim off excess fat before serving. CCP: Hold for service at 140 F. or higher.