

DESSERTS (PUDDINGS AND OTHER DESSERTS) No.J 012 00
VANILLA SOFT SERVE YOGURT (DEHYDRATED)

Yield 100

Portion 3/4 Cup

| Calories | Carbohydrates | Protein | Fat | Cholesterol | Sodium | Calcium |
|----------|---------------|---------|-----|-------------|--------|---------|
| 166 cal | 40 g | 1 g | 0 g | 1 mg | 71 mg | 29 mg |

Ingredient

YOGURT MIX,DEHYDRATED,VANILLA
 WATER

Weight

10 lbs
 10 lbs

Measure

Issue

Method

- 1 Stir dehydrated mix into water. Mix thoroughly with wire whip or mixer. Cover container.
- 2 Chill 4 to 24 hours in refrigerator to 35 F. to 40 F.
- 3 Stir until smooth. Pour mixture into top hopper to soft serve ice cream freezer; start dasher motor; turn on refrigeration according to manufacturer's directions. Freeze to temperature of 18 F. to 22 F., about 10 minutes, or until product can be drawn with a stiff consistency that will hold a peak.