

DESSERTS (PUDDINGS AND OTHER DESSERTS) No.J 006 04

STRAWBERRY FRUIT CUP

Yield 100

Portion 1/2 Cup

Calories	Carbohydrates	Protein	Fat	Cholesterol	Sodium	Calcium
58 cal	14 g	1 g	0 g	0 mg	3 mg	21 mg

Ingredient

PEACHES,CANNED,SLICED,JUICE PACK,INCL LIQUIDS
 PINEAPPLE,CANNED,CHUNKS,JUICE PACK,INCL LIQUIDS
 ORANGE,FRESH,SECTIONS,PEELED,DICED
 STRAWBERRIES,FRESH,SLICED
 KIWIFRUIT,FRESH,CHOPPED

Weight

6-1/2 lbs
 6-5/8 lbs
 3-1/8 lbs
 8-3/4 lbs
 2-7/8 lbs

Measure

3 qts
 3 qts
 2 qts
 1 gal 2 qts
 1 qts 3-1/4 cup

Issue

11 each
 1 gal 2-3/8 qts
 3-1/4 lbs

Method

- 1 Drain peaches. Reserve juices. Cut fruit into 3/4-inch pieces.
- 2 Combine pineapple, peaches, oranges and juices from all fruit.
- 3 Slice strawberries into quarters. Combine strawberries with fruit mixture; mix thoroughly. Cut kiwi into 3/8-inch slices. Garnish with kiwifruit. Place 1 slice kiwifruit on each portion.
- 4 Cover; CCP: Hold for service at 41 F. or lower.