

FRUIT COCKTAIL UPSIDE DOWN CAKE

Yield 100

Portion 1 Piece

Calories	Carbohydrates	Protein	Fat	Cholesterol	Sodium	Calcium
322 cal	47 g	4 g	14 g	60 mg	341 mg	87 mg

Ingredient

FRUIT COCKTAIL,CANNED,JUICE PACK,INCL LIQUIDS
 BUTTER,MELTED
 SUGAR,BROWN,PACKED
 FLOUR,WHEAT,GENERAL PURPOSE
 SUGAR,GRANULATED
 SALT
 BAKING POWDER
 MILK,NONFAT,DRY
 SHORTENING
 WATER
 EGGS,WHOLE,FROZEN
 WATER
 EXTRACT,VANILLA

Weight

10-1/8 lbs
 1-1/2 lbs
 2-1/8 lbs
 4 lbs
 4 lbs
 1-1/2 oz
 3-1/4 oz
 3 oz
 1-1/2 lbs
 2-1/3 lbs
 2-1/4 lbs
 12-1/2 oz
 1-7/8 oz

Measure

1 gal 7/8 qts
 3 cup
 1 qts 2-1/2 cup
 3 qts 2-1/2 cup
 2 qts 1 cup
 2-1/3 tbsp
 1/4 cup 3 tbsp
 1-1/4 cup
 3-3/8 cup
 1 qts 1/2 cup
 1 qts 1/4 cup
 1-1/2 cup
 1/4 cup 1/3 tbsp

Issue

Method

- 1 Drain fruit cocktail well. Set fruit aside for use in Step 3.
- 2 Pour 1-1/2 cups butter or margarine in each pan. Sprinkle 3-1/4 cups brown sugar evenly over butter or margarine.
- 3 Spread 1-1/2 quart fruit cocktail evenly over mixture in each pan. Set aside for use in Step 5.
- 4 Sift together flour, sugar, salt, baking powder, and milk into mixer bowl.
- 5 Add shortening and water to dry ingredients; beat at low speed 1 minute until blended. Scrape down bowl; continue beating 2 minutes.
- 6 Combine eggs, water, and vanilla. Add slowly to mixture while beating at low speed about 2 minutes. Scrape down bowl. Beat at medium speed 3 minutes.
- 7 Pour 3-1/2 quarts batter evenly over fruit in each pan.
- 8 Using a convection oven, bake at 325 F. 25-30 minutes on low fan, open vent or until done.
- 9 Remove cakes from pans while still hot. Cut 6 by 9. Serve fruit side up.