

PANCAKES (PANCAKE MIX)

Yield 100

Portion 2 Cakes

Calories	Carbohydrates	Protein	Fat	Cholesterol	Sodium	Calcium
226 cal	42 g	6 g	3 g	12 mg	716 mg	142 mg

Ingredient

PANCAKE MIX

Weight

13 lbs

Measure

2 gal 3-1/3 qts

Issue

Method

- 1 Prepare pancakes according to instructions on container.