

EGG WHITE WASH

Yield 100

Portion 3 Cups

Calories	Carbohydrates	Protein	Fat	Cholesterol	Sodium	Calcium
81 cal	2 g	17 g	0 g	0 mg	280 mg	20 mg

Ingredient

EGG WHITES
WATER

Weight

5-2/3 oz
1-1/8 lbs

Measure

1/2 cup 2-2/3 tbsp
2-1/4 cup

Issue

Method

- 1 Beat egg whites and water together. CCP: Refrigerate at 41 F. or lower until ready for use.
- 2 Brush over shaped dough before or after proofing.