

GUIDELINES FOR CONTAINER YIELDS FOR CANNED FRUITS

TYPE OF FRUIT	PORTION SIZE (Approximate)	CAN SIZE	NO. OF CANS FOR 100 PORTIONS
Applesauce	1/2 cup	No. 303 cn	25
		No. 10 cn	4
Applesauce, Instant	1/2 cup	No. 2-1/2 cn	4
Apricots, halved	3 to 5 halves	No. 2-1/2 cn	16
		No. 10 cn	4
Blueberries	1/2 cup	No. 10 cn	4
Cherries, sweet, dark or light, pitted or unpitted	1/2 cup	No. 303 cn	25
		No. 10 cn	4
Cranberry Sauce, strained	1/4 cup	No. 303 cn or 300 cn	13
Cranberry Sauce, whole	1/4 cup	No. 10 cn	2
Figs, Kadota	3 to 4 figs	No. 303 cn	25
Fruit Cocktail	1/2 cup	No. 2-1/2 cn	16
		No. 10 cn	4
Fruit Mix, chunks	1/2 cup	No. 303 cn	25
		No. 10 cn	4
Grapefruit	1/2 cup	No. 303 cn	25
		No. 3 cyl cn	8

TYPE OF FRUIT	PORTION SIZE (Approximate)	CAN SIZE	NO. OF CANS FOR 100 PORTIONS
Peaches, halves	2 halves	No. 2-1/2 cn	16
		No. 10 cn	4
Peaches, quarters or slices	1/2 cup	No. 2-1/2 cn	16
		No. 10 cn	4
Pears, halves	2 halves	No. 2-1/2 cn	16
		No. 10 cn	4
Pears, quarters or slices	1/2 cup	No. 2-1/2 cn	16
		No. 10 cn	4
Pineapple, chunks or tidbits	1/2 cup	No. 2 cn	20
		No. 10 cn	4
Pineapple slices	1 large or 2 small slices	No. 2 cn	20
		No. 10 cn	4
Plums, whole	2 to 3 plums	No. 2-1/2 cn	16
		No. 10 cn	4
Prunes, whole, unpitted	3 prunes	No. 10 cn	1-1/2