

MASHED POTATOES (INSTANT)

Yield 100

Portion 1/2 Cup

Calories	Carbohydrates	Protein	Fat	Cholesterol	Sodium	Calcium
150 cal	30 g	4 g	2 g	5 mg	185 mg	31 mg

Ingredient

POTATO,WHITE,INSTANT,GRANULES
MILK,NONFAT,DRY
WATER,BOILING
BUTTER
SALT
PEPPER,WHITE,GROUND

Weight

4-3/4 lbs
5-3/8 oz
20-7/8 lbs
8 oz
1 oz
1/8 oz

Measure

4 gal 2-7/8 qts
2-1/4 cup
2 gal 2 qts
1 cup
1 tbsp
1/4 tsp

Issue**Method**

- 1 Blend potatoes and milk together.
- 2 Blend water, butter or margarine, salt and pepper in mixer bowl.
- 3 At low speed, using wire whip, rapidly add potato and milk mixture to liquid; mix 1/2 minute. Stop mixer; scrape down sides and bottom of bowl.
- 4 Whip at high speed about 2 minutes or until light and fluffy. DO NOT OVERWHIP. CCP: Hold at 140 F. or higher for service.