

OATMEAL RAISIN BARS (OATMEAL COOKIE MIX)

Yield 100

Portion 2 Bars

| Calories | Carbohydrates | Protein | Fat | Cholesterol | Sodium | Calcium |
|----------|---------------|---------|-----|-------------|--------|---------|
| 125 cal | 22 g | 2 g | 5 g | 17 mg | 34 mg | 37 mg |

Ingredient

COOKIE MIX,OATMEAL
 RAISINS
 WATER
 COOKING SPRAY,NONSTICK

Weight

9 lbs
 1-1/2 lbs
 1 lbs
 2 oz

Measure

1 qts 5/8 cup
 2 cup
 1/4 cup 1/3 tbsp

Issue

Method

- 1 Combine cookie mix and soda with raisins; mix until blended. Add water; mix.
- 2 Lightly spray each pan with non-stick cooking spray. Place about 5 pounds 11 ounces dough onto each lightly sprayed sheet pan. Roll evenly to 1/2-inch thickness with lightly floured rolling pin.
- 3 Using a convection oven, bake at 325 F. for 12 to 14 minutes or until lightly browned on high fan, open vent. DO NOT OVERBAKE.
- 4 Cut 6 by 18 while still warm.