

CHINESE EGG ROLLS (FRIED)

Yield 100

Portion 1 Egg Roll

Calories	Carbohydrates	Protein	Fat	Cholesterol	Sodium	Calcium
180 cal	13 g	10 g	10 g	50 mg	247 mg	22 mg

Ingredient

EGG ROLLS,CHINESE,FROZEN

Weight

18-3/4 lbs

Measure

Issue

Method

- 1 Fry egg rolls in deep fat at 350 F. for 7 minutes or until golden brown and heated through. DO NOT OVERCOOK. Egg rolls will rise to the surface when cooked. CCP: Internal temperature must reach 145 F. or higher for 15 seconds.
- 2 Drain well in basket or on absorbent paper. CCP: Hold for service at 140 F. or higher.