

CHINESE EGG ROLLS (BAKED)

Yield 100

Portion 1 Egg Roll

| Calories | Carbohydrates | Protein | Fat | Cholesterol | Sodium | Calcium |
|-----------------|----------------------|----------------|------------|--------------------|---------------|----------------|
| 140 cal | 13 g | 10 g | 5 g | 50 mg | 247 mg | 22 mg |

Ingredient

EGG ROLLS,CHINESE,FROZEN

Weight

18-3/4 lbs

Measure

Issue

Method

- 1 Place 50 egg rolls on each sheet pan.
- 2 Using a convection oven, bake at 350 F. for 20 to 25 minutes or until brown on high fan, closed vent. CCP: Internal temperature must reach 145 F. or higher for 15 seconds. Hold for service at 140 F. or higher.