



Xylitol Gum	Xylitol Gum	Xylitol Gum	Xylitol Gum
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.... CONTINGENCY OPERATIONS (CONOPS) 28 DAY A-RATIONS MENU

DAY 8	DAY 9	DAY 10	DAY 11	DAY 12	DAY 13	DAY 14
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
BAKED BACON CREAMED BEEF & BISCUITS PORK SAUSAGE Patties	BAKED BACON CREAMED BEEF & BISCUITS PORK SAUSAGE LINKS GRILLED HAM SLICES	BAKED BACON CREAMED BEEF & BISCUITS PORK SAUSAGE Patties	BAKED BACON CREAMED BEEF & BISCUITS GRILLED HAM SLICES	BAKED BACON CREAMED BEEF & BISCUITS	BAKED BACON CREAMED BEEF & BISCUITS PORK SAUSAGE LINKS GRILLED HAM SLICES	BAKED BACON CREAMED BEEF & BISCUITS PORK SAUSAGE Patties
SPLIT SMOKED BREAKFAST SAUSAGE	TURKEY SAUSAGE LINKS	CHICKEN SAUSAGE Patties	TURKEY BACON TURKEY, EGG & CHEESE BRKFST WRAP	SPLIT SMOKED BREAKFAST SAUSAGE GRILLED BREAKFAST STEAK	TURKEY SAUSAGE LINKS	CHICKEN SAUSAGE Patties
ASST. OMELETS ASST. EGGS HARD BOILED EGGS HASH BROWNS GRITS/OATMEAL FRENCH TOAST/FRENCH TOAST STICKS/WAFFLES SYRUP MARGARINE	ASST. OMELETS ASST. EGGS HARD BOILED EGGS HASH BROWNS GRITS/OATMEAL FRENCH TOAST/FRENCH TOAST STICKS/WAFFLES SYRUP MARGARINE	ASST. EGGS HARD BOILED EGGS POTATO PANCAKE HASH BROWNS GRITS/OATMEAL FRENCH TOAST/FRENCH TOAST STICKS/WAFFLES SYRUP MARGARINE	ASST. OMELETS ASST. EGGS HARD BOILED EGGS HASH BROWNS GRITS/OATMEAL FRENCH TOAST/FRENCH TOAST STICKS/WAFFLES SYRUP MARGARINE	ASST. OMELETS ASST. EGGS HARD BOILED EGGS HASH BROWNS GRITS/OATMEAL FRENCH TOAST/FRENCH TOAST STICKS/WAFFLES SYRUP MARGARINE	ASST. OMELETS ASST. EGGS HARD BOILED EGGS HASH BROWNS GRITS/OATMEAL FRENCH TOAST/FRENCH TOAST STICKS/WAFFLES SYRUP MARGARINE	ASST. OMELETS ASST. EGGS HARD BOILED EGGS HASH BROWNS GRITS/OATMEAL FRENCH TOAST/FRENCH TOAST STICKS/WAFFLES SYRUP MARGARINE
ASST. BREAKFAST PASTRY PEANUT BUTTER/JELLY ASST. CEREAL ASST. FRUIT (FRESH/CANNED) ASST. YOGURT ASST. JUICE COFFEE/TEA/COCOA/MILK SALSA/JALAPENOS/COND. MUFFIN COFFEE CAKE DOUGHNUTS	ASST. BREAKFAST PASTRY (3 Types) PEANUT BUTTER/JELLY ASST. CEREAL ASST. FRUIT (FRESH/CANNED) ASST. YOGURT ASST. JUICE COFFEE/TEA/COCOA/MILK SALSA/JALAPENOS/COND. MUFFIN COFFEE CAKE DOUGHNUTS	ASST. BREAKFAST PASTRY PEANUT BUTTER/JELLY ASST. CEREAL ASST. FRUIT (FRESH/CANNED) ASST. YOGURT ASST. JUICE COFFEE/TEA/COCOA/MILK SALSA/JALAPENOS/COND. MUFFIN COFFEE CAKE DOUGHNUTS	ASST. BREAKFAST PASTRY PEANUT BUTTER/JELLY ASST. CEREAL ASST. FRUIT (FRESH/CANNED) ASST. YOGURT ASST. JUICE COFFEE/TEA/COCOA/MILK SALSA/JALAPENOS/COND. MUFFIN COFFEE CAKE DOUGHNUTS	ASST. BREAKFAST PASTRY PEANUT BUTTER/JELLY ASST. CEREAL ASST. FRUIT (FRESH/CANNED) ASST. YOGURT ASST. JUICE COFFEE/TEA/COCOA/MILK SALSA/JALAPENOS/COND. MUFFIN COFFEE CAKE DOUGHNUTS	ASST. BREAKFAST PASTRY (3 Types) PEANUT BUTTER/JELLY ASST. CEREAL ASST. FRUIT (FRESH/CANNED) ASST. YOGURT ASST. JUICE COFFEE/TEA/COCOA/MILK SALSA/JALAPENOS/COND. MUFFIN COFFEE CAKE DOUGHNUTS	ASST. BREAKFAST PASTRY PEANUT BUTTER/JELLY ASST. CEREAL ASST. FRUIT (FRESH/CANNED) ASST. YOGURT ASST. JUICE COFFEE/TEA/COCOA/MILK SALSA/JALAPENOS/COND. MUFFIN COFFEE CAKE DOUGHNUTS
SHORT ORDER L/D	SHORT ORDER L/D	SHORT ORDER L/D	SHORT ORDER L/D	SHORT ORDER L/D	SHORT ORDER L/D	SHORT ORDER L/D
HAMBURGERS CHEESEBURGERS FRANKFURTERS BBO BEEF POCKET SAND GRILLED CHEESE FRENCH FRIES ONION RINGS PORK N BEANS CHIPS CONDIMENTS POTATO BAR	HAMBURGERS CHEESEBURGERS FRANKFURTERS FISH SANDWICH GRILLED CHEESE FRENCH FRIES ONION RINGS PORK N BEANS CHIPS CONDIMENTS POTATO BAR	HAMBURGERS CHEESEBURGERS FRANKFURTERS CARNE ASADA GRILLED CHEESE FRENCH FRIES ONION RINGS PORK N BEANS CHIPS CONDIMENTS POTATO BAR	HAMBURGERS CHEESEBURGERS FRANKFURTERS ITALIAN SAUSAGE GRILLED CHEESE FRENCH FRIES ONION RINGS PORK N BEANS CHIPS CONDIMENTS POTATO BAR	HAMBURGERS CHEESEBURGERS FRANKFURTERS FISH SANDWICH GRILLED CHEESE FRENCH FRIES ONION RINGS PORK N BEANS CHIPS CONDIMENTS POTATO BAR	HAMBURGERS CHEESEBURGERS FRANKFURTERS CHCKEN & BEEF KABOBS GRILLED CHEESE FRENCH FRIES ONION RINGS PORK N BEANS CHIPS CONDIMENTS POTATO BAR	HAMBURGERS CHEESEBURGERS FRANKFURTERS CHILI CON CARNE GRILLED CHEESE FRENCH FRIES ONION RINGS PORK N BEANS CHIPS CONDIMENTS POTATO BAR
COLD CUT SANDWICHES TUNA SALAD SANDWICHES EGG ROLLS BUFFALO WINGS GRILLED CHICKEN SANDWICH	PIZZA BAR COLD CUT SANDWICHES TUNA SALAD SANDWICHES EGG ROLLS BUFFALO WINGS PHILLY CHEESE STEAK SAND. POLISH W/ SAUERKRAUT	GYROS (CHICKEN & BEEF/LAMB) COLD CUT SANDWICHES TZATZKI (GYRO SAUCE) RAVIOLI TUNA SALAD SANDWICHES EGG ROLLS BUFFALO WINGS GRILLED CHICKEN SANDWICH	PIZZA BAR COLD CUT SANDWICHES RAVIOLI TUNA SALAD SANDWICHES EGG ROLLS BUFFALO WINGS PHILLY CHEESE STEAK SAND. POLISH W/ SAUERKRAUT	COLD CUT SANDWICHES CHILI CON CARNE TUNA SALAD SANDWICHES EGG ROLLS BREADED CHICKEN WINGS GRLED CHICKEN SANDWICH POLISH W/ SAUERKRAUT	PIZZA BAR COLD CUT SANDWICHES CHICKEN TENDERS BRD TUNA SALAD SANDWICHES EGG ROLLS TURKEY WINGS BREADED CHICKEN STEAK SAND.	COLD CUT SANDWICHES CHICKEN TENDERS BRD TUNA SALAD SANDWICHES EGG ROLLS BUFFALO WINGS GRILLED CHICKEN SANDWICH
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
MINESTRONE SOUP CRACKERS ROAST TURKEY BEEF PRIME RIB w/ AU JUS MASHED POTATOES SWEET POTATOES STEAMED BROCCOLI SEASONED MIXED VEGETABLES SEASONED DRESSING TURKEY GRAVY SPANISH RICE CRANBERRY SAUCE HOT ROLL HORSERADISH SAUCE	VEGETARIAN VEG SOUP CRACKERS BEEF FAJITAS AND CHICKEN FAJITAS MASHED POTATOES (CHICKEN, TURKEY, AND CHEESE) TAMALES BURRITOS TACO BAR CHICKEN QUESADILLA OVEN BROWNEED POTATOES SPANISH RICE SEASONED MIXED VEGETABLES PINTO BEANS REFRIED BEANS ENCHILADA SAUCE GUACAMOLE QUESO SAUCE	VEGETARIAN VEG SOUP CRACKERS TROUT, BAKED & FRIED (50/50% split) BEEF POT ROAST MASHED NOODLES CALIFORNIA BLEND VEGETABLES CALICO CORN BROWN GRAVY HUSH PUPPIES LEMON WEDGES, TARTAR SAUCE	CHICKEN NOODLE SOUP CRACKERS ROASTED PORK ROAST CHILI MAC OVEN BROWNEED POTATES CORN ON THE COB PEAS AND CARROTS BROWN CORN APPLESAUCE CORN BREAD	TOMATO SOUP CRACKERS SWISS STEAK WITH TOMATO SAUCE FISH POLLOCK, BAKED & FRIED MACARONI & CHEESE DEVILED OVEN FRIES SEASONED GREEN BEANS GLAZED CARROTS BROWN GRAVY TARTAR SAUCE LEMON WEDGES	CREAM OF BROCCOLI SOUP CRACKERS SEAFOOD NEWBURG ROAST TURKEY MASHED POTATOES BREAD DRESSING O'BRIEN POTATOES SEASONED GREEN PEAS CORN O'BRIEN MUSHROOM GRAVY CRANBERRY SAUCE TURKEY GRAVY	NEW ENGLAND CLAM SOUP CRACKERS EGG ROLLS SLICED ROAST BEEF GEN. TSO CHICKEN CHICKEN & BROCCOLI VEG LO MEIN, VEG & SHRIMP ASIAN STYLE RIBLET'S SPICY POTATO WEDGES FRIED RICE ORIENTAL STIR FRY SEASONED MIX VEG
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	SEAFOOD DINNER
MINESTRONE SOUP CRACKERS FISH POLLOCK, FRIED & BAKED LASAGNA, BEEF, EGG PLANT PARM. & VEGETABLE (60%/20%/20% split) GARLIC ROASTED POTATOES STEAMED RICE/RICE MEDLEY SEASONED SUCCOTASH HARVARD BEETS ONION GRAVY PARMESAN CHEESE APPLESAUCE Lemon Wedges Tartar Sauce Cornbread Garlic Bread	VEGETARIAN VEG SOUP CRACKERS SALISBURY STEAK ROTISSERIE CHICKEN MASHED POTATOES SEASONED NOODLES GREEN BEANS SEASONED CARROTS CHICKEN GRAVY BROWN GRAVY	BEAN W/BACON SOUP CRACKERS YAKISOBA HAMBURGER w/ Spaghetti GRILLED PORK CHOP CHEESE TORTELLINI SPICY POTATO WEDGES SEASONED CAULIFLOWER TURNIP GREENS BROWN GRAVY	CHICKEN NOODLE SOUP CRACKERS CORNISH HENS MEAT LOAF, BEEF & TURKEY (50%/50% split) MASHED POTATOES RICE PILAF HERBED BROCCOLI SUCCOTASH BROWN GRAVY	TOMATO SOUP CRACKERS PULLED PORK BBQ & BUFFALO SHREDDDED CHICKEN TURKEY CUTLET, CHICKEN FRIED & BAKED STEAMED RICE/RICE MEDLEY MASHED POTATOES CALIFORNIA BLEND VEG HERBED BROCCOLI PARMESAN CHEESE BROWN GRAVY SEASONED CORN TURKEY GRAVY	CREAM OF BROCCOLI SOUP CRACKERS LASAGNA, BEEF, EGG PLANT PARM. & VEGETABLE (60%/20%/20% split) BREADED PORK CHOPS STEAMED RICE/RICE MEDLEY MASHED POTATOES CALIFORNIA BLEND VEG HERBED BROCCOLI PARMESAN CHEESE BROWN GRAVY APPLESAUCE GARLIC BREAD	NEW ENGLAND CLAM SOUP CRACKERS RIBEYE STEAK LOBSTER BREADED SHRIMP ONIONS & MUSHROOMS RICE PILAF BAKED POTATO w/ sour cream SEASONED GREEN BEANS CORN ON THE COB BROWN GRAVY LEMON WEDGES, TARTAR SAUCE SEAFOOD COCKTAIL SAUCE
L/D	L/D	L/D	L/D	L/D	L/D	L/D
SALAD BAR w/ FRUITS (FRESH & CANNED) ASST BREADS + HOT ROLLS ASST BEVERAGES ASST CONDIMENTS	SALAD BAR w/ FRUITS (FRESH & CANNED) ASST BREADS + HOT ROLLS ASST BEVERAGES ASST CONDIMENTS	SALAD BAR w/ FRUITS (FRESH & CANNED) ASST BREADS + GARLIC BREAD ASST BEVERAGES ASST CONDIMENTS	SALAD BAR w/ FRUITS (FRESH & CANNED) ASST BREADS + CORNBREAD ASST BEVERAGES ASST CONDIMENTS	SALAD BAR w/ FRUITS (FRESH & CANNED) ASST BREADS + GARLIC BREAD ASST BEVERAGES ASST CONDIMENTS	SALAD BAR w/ FRUITS (FRESH & CANNED) ASST BREADS + HOT ROLLS ASST BEVERAGES ASST CONDIMENTS	SALAD BAR w/ FRUITS (FRESH & CANNED) ASST BREADS + HOT ROLLS ASST BEVERAGES ASST CONDIMENTS
DESSERTS	DESSERTS	DESSERTS	DESSERTS	DESSERTS	DESSERTS	DESSERTS
PEACH COBBLER CHEESECAKE SUGAR COOKIES ICE CREAM ASST. PIES	CHERRY CRISP DEVIL'S FOOD CAKE W/AIAN ICI MACADAMIA NUT COOKIES ICE CREAM ASST. PIES	LEMON CAKE STRAWBERRY CHEESECAKE OATMEAL RAISIN COOKIES CAKE, DULCE DE LECHE ICE CREAM ASST. PIES	CHOCOLATE CAKE W/CHO ICI PEANUT BUTTER COOKIES ICE CREAM ASST. PIES	CHOCOLATE CREAM PIE POLNO CAKE ASSORTED COOKIES ICE CREAM ASST. PIES	CHEESECAKE W/ASST TOPPING CHOCOLATE CHIP COOKIES ICE CREAM ASST. PIES	VANILLA PUDDING LEMON CAKE SUGAR COOKIES ICE CREAM ASST. PIES

Xylitol Gum	Xylitol Gum	Xylitol Gum	
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Xylitol Gum	Xylitol Gum	Xylitol Gum	Xylitol Gum
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.... CONTINGENCY OPERATIONS (CONOPS) 28 DAY A-RATIONS MENU

DAY 22	DAY 23	DAY 24	DAY 25	DAY 26	DAY 27	DAY 28
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
BAKED BACON CREAMED BEEF & BISCUITS PORK SAUSAGE PATTIES	BAKED BACON CREAMED BEEF & BISCUITS GRILLED HAM SLICES	BAKED BACON CREAMED BEEF & BISCUITS SPLIT SMOKED BREAKFAST SAUSAGE	BAKED BACON CREAMED BEEF & BISCUITS PORK SAUSAGE LINKS GRILLED HAM SLICES	BAKED BACON CREAMED BEEF & BISCUITS PORK SAUSAGE PATTIES	BAKED BACON CREAMED BEEF & BISCUITS GRILLED HAM SLICES	BAKED BACON CREAMED BEEF & BISCUITS PORK SAUSAGE LINKS GRILLED HAM SLICES
CHICKEN SAUSAGE PATTIES	TURKEY BACON	GRILLED BREAKFAST STEAK	TURKEY SAUSAGE LINKS	CHICKEN SAUSAGE PATTIES	TURKEY BACON	TURKEY, EGG & CHEESE BRKFST WRAP
ASST. OMELETS ASST. EGGS HARD BOILED EGGS POTATO PANCAKE HASH BROWNS GRITS/OATMEAL FRENCH TOAST/FRENCH TOAST STICKS/WAFFLES SYRUP MARGARINE ASST. BREADS/TOAST/BISCUIT/BAGELS ASST. BREAKFAST PASTRY PEANUT BUTTER/JELLY ASST. CEREAL ASST. FRUIT (FRESH/CANNED) ASST. YOGURT ASST. JUICE COFFEE/TEA/COCOA/MILK SALSA/JALAPENOS/COND. MUFFIN COFFEE CAKE DOUGHNUTS	ASST. OMELETS (3 Types) ASST. EGGS HARD BOILED EGGS HASH BROWNS GRITS/OATMEAL FRENCH TOAST/FRENCH TOAST STICKS/WAFFLES SYRUP MARGARINE ASST. BREADS/TOAST/BISCUIT/BAGELS ASST. BREAKFAST PASTRY PEANUT BUTTER/JELLY ASST. CEREAL ASST. FRUIT (FRESH/CANNED) ASST. YOGURT ASST. JUICE COFFEE/TEA/COCOA/MILK SALSA/JALAPENOS/COND. MUFFIN COFFEE CAKE DOUGHNUTS	ASST. OMELETS ASST. EGGS HARD BOILED EGGS HASH BROWNS GRITS/OATMEAL FRENCH TOAST/FRENCH TOAST STICKS/WAFFLES SYRUP MARGARINE ASST. BREADS/TOAST/BISCUIT/BAGELS ASST. BREAKFAST PASTRY PEANUT BUTTER/JELLY ASST. CEREAL ASST. FRUIT (FRESH/CANNED) ASST. YOGURT ASST. JUICE COFFEE/TEA/COCOA/MILK SALSA/JALAPENOS/COND. MUFFIN COFFEE CAKE DOUGHNUTS	ASST. OMELETS (3 Types) ASST. EGGS HARD BOILED EGGS HASH BROWNS GRITS/OATMEAL FRENCH TOAST/FRENCH TOAST STICKS/WAFFLES SYRUP MARGARINE ASST. BREADS/TOAST/BISCUIT/BAGELS ASST. BREAKFAST PASTRY PEANUT BUTTER/JELLY ASST. CEREAL ASST. FRUIT (FRESH/CANNED) ASST. YOGURT ASST. JUICE COFFEE/TEA/COCOA/MILK SALSA/JALAPENOS/COND. MUFFIN COFFEE CAKE DOUGHNUTS	ASST. OMELETS ASST. EGGS HARD BOILED EGGS HASH BROWNS GRITS/OATMEAL FRENCH TOAST/FRENCH TOAST STICKS/WAFFLES SYRUP MARGARINE ASST. BREADS/TOAST/BISCUIT/BAGELS ASST. BREAKFAST PASTRY PEANUT BUTTER/JELLY ASST. CEREAL ASST. FRUIT (FRESH/CANNED) ASST. YOGURT ASST. JUICE COFFEE/TEA/COCOA/MILK SALSA/JALAPENOS/COND. MUFFIN COFFEE CAKE DOUGHNUTS	ASST. OMELETS (3 Types) ASST. EGGS HARD BOILED EGGS HASH BROWNS GRITS/OATMEAL FRENCH TOAST/FRENCH TOAST STICKS/WAFFLES SYRUP MARGARINE ASST. BREADS/TOAST/BISCUIT/BAGELS ASST. BREAKFAST PASTRY PEANUT BUTTER/JELLY ASST. CEREAL ASST. FRUIT (FRESH/CANNED) ASST. YOGURT ASST. JUICE COFFEE/TEA/COCOA/MILK SALSA/JALAPENOS/COND. MUFFIN COFFEE CAKE DOUGHNUTS	ASST. OMELETS (3 Types) ASST. EGGS HARD BOILED EGGS HASH BROWNS GRITS/OATMEAL FRENCH TOAST/FRENCH TOAST STICKS/WAFFLES SYRUP MARGARINE ASST. BREADS/TOAST/BISCUIT/BAGELS ASST. BREAKFAST PASTRY PEANUT BUTTER/JELLY ASST. CEREAL ASST. FRUIT (FRESH/CANNED) ASST. YOGURT ASST. JUICE COFFEE/TEA/COCOA/MILK SALSA/JALAPENOS/COND. MUFFIN COFFEE CAKE DOUGHNUTS
SHORT ORDER L/D	SHORT ORDER L/D	SHORT ORDER L/D	SHORT ORDER L/D	SHORT ORDER L/D	SHORT ORDER L/D	SHORT ORDER L/D
HAMBURGERS CHEESEBURGERS FRANKFURTERS CHILI CON CARNE GRILLED CHEESE FRENCH FRIES ONION RINGS PORK N BEANS CHIPS CONDIMENTS POTATO BAR PIZZA BAR COLD CUT SANDWICHES TUNA SALAD SANDWICHES EGG ROLLS TURKEY WINGS GRILLED CHICKEN SANDWICH	HAMBURGERS CHEESEBURGERS FRANKFURTERS CHILI CON CARNE GRILLED CHEESE FRENCH FRIES ONION RINGS PORK N BEANS CHIPS CONDIMENTS POTATO BAR PIZZA BAR COLD CUT SANDWICHES TUNA SALAD SANDWICHES EGG ROLLS TURKEY WINGS PHILLY CHEESE STEAK SAND. POLISH W/ SAUERKRAUT	HAMBURGERS CHEESEBURGERS FRANKFURTERS CHILI CON CARNE GRILLED CHEESE FRENCH FRIES ONION RINGS PORK N BEANS CHIPS CONDIMENTS POTATO BAR GYROS (CHICKEN & BEEF/LAMB) COLD CUT SANDWICHES TZATZIKI (GYRO SAUCE) LUMPIA TUNA SALAD SANDWICHES EGG ROLLS CHICKEN TENDER BUFFALO WINGS PHILLY CHEESE STEAK SANDWICH	HAMBURGERS CHEESEBURGERS FRANKFURTERS CARNE ASADA GRILLED CHEESE FRENCH FRIES ONION RINGS PORK N BEANS CHIPS CONDIMENTS POTATO BAR PIZZA BAR COLD CUT SANDWICHES TUNA SALAD SANDWICHES EGG ROLLS CHICKEN TENDER BUFFALO WINGS PHILLY CHEESE STEAK SAND.	HAMBURGERS CHEESEBURGERS FRANKFURTERS FISH SANDWICH GRILLED CHEESE FRENCH FRIES ONION RINGS PORK N BEANS CHIPS CONDIMENTS POTATO BAR PIZZA BAR COLD CUT SANDWICHES TUNA SALAD SANDWICHES EGG ROLLS TURKEY WINGS GRILLED CHICKEN SANDWICH POLISH W/ SAUERKRAUT	HAMBURGERS CHEESEBURGERS FRANKFURTERS CHILI CON CARNE GRILLED CHEESE FRENCH FRIES ONION RINGS PORK N BEANS CHIPS CONDIMENTS POTATO BAR PIZZA BAR COLD CUT SANDWICHES TUNA SALAD SANDWICHES EGG ROLLS TURKEY WINGS PHILLY CHEESE STEAK SAND. BRAEDED CHICKEN WINGS	HAMBURGERS CHEESEBURGERS FRANKFURTERS CHILI CON CARNE GRILLED CHEESE FRENCH FRIES ONION RINGS PORK N BEANS CHIPS CONDIMENTS POTATO BAR PIZZA BAR COLD CUT SANDWICHES TUNA SALAD SANDWICHES EGG ROLLS TURKEY WINGS PHILLY CHEESE STEAK SAND. BRAEDED CHICKEN WINGS
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
CREAM OF MUSHROOM SOUP CRACKERS BEEF YAKISOBA w/ spaghetti ROTISSERIE CHICKEN OVEN BROWNED POTATOES GEORGIA RICE CALIFORNIA BLEND VEGS SUCCOTASH BROWN GRAVY	VEGETARIAN VEG SOUP CRACKERS CHICKEN COR DON BLEU CREOLE MACARONI STEAMED RICE/RICE MEDLEY COLLARD GREENS CHICKEN GRAVY	TOMATO SOUP CRACKERS HONEY GLAZED CORNISH HEN SLICED ROAST BEEF BAKED POTATO MASHED POTATOES SEASONED GREEN PEAS CAULIFLOWER PARMESAN BROWN GRAVY SOUR CREAM	CHICKEN & RICE SOUP CRACKERS BEEF STROGANOFF GRILLED HAM STEAK SEASONED NOODLES DEVILED OVEN FRIES HONEY DIJON VEGETABLES STEWED TOMATOES	CREAM OF BROCCOLI SOUP CRACKERS FRIED & BAKED CHICKEN BEEF PRIME RIB w/ AU JUS MASHED POTATOES ORANGE RICE CHICKEN GRAVY	NEW ENGLAND CLAM SOUP CRACKERS CHILI MACARONI BAKED SALMON AZTEC RICE MASHED POTATOES BROWN GRAVY SOUTH of the BORDER BROCCOLI PEAS with ONIONS HORSERADISH LEMON SLICES	CHICKEN NOODLE SOUP CRACKERS VEAL PARMESAN BEEF POT ROAST STEAMED RICE/RICE MEDLEY CHEESE TORTELLINI FRIED CABBAGE HACIENDA CORN & BLACK BEANS BROWN GRAVY
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
CREAM OF MUSHROOM SOUP CRACKERS NACHOS BEEF FAJITAS AND CHICKEN FAJITAS ENCHILADAS (BEEF, CHICKEN, AND CHEESE) TAMALES BURRITOS TACO BAR CHICKEN QUESADILLA OVEN BROWNED POTATOES MEXICAN RICE SEASONED MIXED VEGETABLES PINTO BEANS REFRIED BEANS GUACAMOLE ENCHILADA SAUCE QUESO SAUCE	BEAN AND BACON CRACKERS BBO BEEF BRISKET BRAEDED PORK CHOP MASHED POTATOES NOODLES JEFFERSON BROWN GRAVY BROCCOLI COMBO ORANGE CARROTS ALMONDINE	VEGETARIAN VEG SOUP CRACKERS ORIENTAL PEPPER STEAK MACARONI & CHEESE STEAMED RICE/RICE MEDLEY BROWN GRAVY JAPANESE VEGETABLE STIR FRY PEAS with ONIONS	CHICKEN & RICE SOUP CRACKERS SPAGHETTI W/ MEAT BALLS PORK RIBS & SAUERKRAUT MASHED POTATOES BROWN GRAVY HERBED BROCCOLI MIXED VEGETABLES	CREAM OF BROCCOLI SOUP CRACKERS ROAST PORK GEN. TSO CHICKEN CHICKEN & BROCCOLI VEG LO MEIN /SHRIMP LO MEIN STEAMED RICE/RICE MEDLEY PARSLEY SEASONED POTATOES FRIED CAULIFLOWER BEETS in ORANGE-LEMON SAUCE EGG ROLLS	NEW ENGLAND CLAM SOUP CRACKERS ROAST TURKEY STUFFED GREEN PEPPERS BREADED SHRIMP RISSOLE POTATOES MASHED POTATOES BREAD DRESSING ITALIAN-STYLE BAKED BEANS SEASONED CARROT SLICES CRANBERRY SAUCE Turkey Gravy	CHICKEN NOODLE SOUP CRACKERS I-BONE STEAK CRAB LEGS BRAEDED SHRIMP BAKED POTATO PASTA PROVENCAL CORN on the COB GREEN BEANS CREOLE SOUR CREAM HUSH PUPPIES
L/D	L/D	L/D	L/D	L/D	L/D	L/D
SALAD BAR w/ FRUITS (FRESH & CANNED) ASST BREADS + HOT ROLLS ASST BEVERAGES ASST CONDIMENTS	SALAD BAR w/ FRUITS (FRESH & CANNED) ASST BREADS + CORNBREAD ASST BEVERAGES ASST CONDIMENTS	SALAD BAR w/ FRUITS (FRESH & CANNED) ASST BREADS + GARLIC BREAD ASST BEVERAGES ASST CONDIMENTS	SALAD BAR w/ FRUITS (FRESH & CANNED) ASST BREADS + GARLIC TOAST ASST BEVERAGES ASST CONDIMENTS	SALAD BAR w/ FRUITS (FRESH & CANNED) ASST BREADS + HOT ROLLS ASST BEVERAGES ASST CONDIMENTS	SALAD BAR w/ FRUITS (FRESH & CANNED) ASST BREADS + CORNBREAD ASST BEVERAGES ASST CONDIMENTS	SALAD BAR w/ FRUITS (FRESH & CANNED) ASST BREADS + HOT ROLLS ASST BEVERAGES ASST CONDIMENTS
DESSERTS	DESSERTS	DESSERTS	DESSERTS	DESSERTS	DESSERTS	DESSERTS
PEACH CRISP DEVILS FOOD CAKE W/CH ICING PEANUT BUTTER COOKIES LEMON CAKE ICE CREAM ASST. PIES	VANILLA PUDDING BROWNIES SUGAR COOKIES ICE CREAM ASST. PIES	BLUEBERRY CRISP POUND CAKE CHOCOLATE CHIP COOKIES ICE CREAM ASST. PIES	COCONUT CREAM PIE WHITE CAKE W/BUT CRM FROST PEANUT BUTTER COOKIES CAKE, DULCE DE LECHE ICE CREAM ASST. PIES	APPLE COBLER PINEAPPLE UPSIDE DOWN CAKE OATMEAL COOKIES ICE CREAM ASST. PIES	BANANA CREAM PUDDING GINGERBREAD CAKE W/SHAN ICI CHOCOLATE CHIP COOKIES LEMON CAKE ICE CREAM ASST. PIES	PINEAPPLE UPSIDE DOWN CAKE OATMEAL RAISIN COOKIES ICE CREAM ASST. PIES

Xylitol Gum	Xylitol Gum	Xylitol Gum	
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