

TURNIPS (FRESH)

Yield 100

Portion 3/4 Cup

Calories	Carbohydrates	Protein	Fat	Cholesterol	Sodium	Calcium
37 cal	8 g	1 g	0 g	0 mg	162 mg	42 mg

Ingredient

	<u>Weight</u>	<u>Measure</u>	<u>Issue</u>
WATER	9-3/8 lbs	1 gal 1/2 qts	
SALT	5/8 oz	1 tbsp	
TURNIPS,FRESH	30 lbs	6 gal 2-1/8 qts	37 lbs

Method

- 1 Bring water to a boil in steam-jacketed kettle or stock pot.
- 2 Add salt.
- 3 Add turnips; bring water back to a boil. Cover; cook turnips 15 to 30 minutes. CCP: Heat to 145 F. or higher for 15 seconds.
- 4 Place turnips in serving pans. Garnish as desired. CCP: Hold for service at 140 F. or higher.