

FRIED HAM SANDWICH

Yield 100

Portion 1 Sandwich

Calories	Carbohydrates	Protein	Fat	Cholesterol	Sodium	Calcium
344 cal	32 g	22 g	14 g	43 mg	1620 mg	73 mg

Ingredient

HAM,COOKED,BONELESS
 BREAD,RYE,SLICE
 MUSTARD,PREPARED
 LETTUCE,LEAF,FRESH,HEAD

Weight

18-3/4 lbs
 14-1/8 lbs
 2-1/4 lbs
 4 lbs

Measure

200 sl
 1 qts

Issue

6-1/4 lbs

Method

- 1 Slice ham into 1/4-inch slices, about 3 ounces each. Grill on lightly greased 350 F. griddle about 1 minute on each side until lightly browned.
- 2 Spread 1 slice bread with mustard. Place 3 ounces or 3 slices of ham on bread; top with lettuce and second slice of bread.
- 3 Cut each sandwich in half. Serve hot. CCP: Hold at 140 F. or higher for service.