

SALADS, SALAD DRESSINGS, AND RELISHES No.M 025 04
JELLIED STRAWBERRY SALAD

Yield 100

Portion 4-1/2 Ounces

Calories	Carbohydrates	Protein	Fat	Cholesterol	Sodium	Calcium
90 cal	22 g	2 g	0 g	0 mg	44 mg	21 mg

Ingredient

DESSERT POWDER,GELATIN,STRAWBERRY
 WATER,BOILING
 WATER,COLD
 STRAWBERRIES,FROZEN,THAWED
 PINEAPPLE,CANNED,CRUSHED,JUICE PACK,INCL LIQUIDS
 BANANA,FRESH,SLICED
 LETTUCE,LEAF,FRESH,HEAD

Weight

3-1/2 lbs
 8-1/3 lbs
 4-1/8 lbs
 6 lbs
 3-3/8 lbs
 2 lbs
 4 lbs

Measure

1 qts 3 cup
 1 gal
 2 qts
 2 qts 2-5/8 cup
 1 qts 2-1/8 cup
 1 qts 2 cup

Issue

3-1/8 lbs
 6-1/4 lbs

Method

- 1 Add strawberry gelatin dessert powder to boiling water; stir until dissolved.
- 2 Add cold water, partially thawed strawberries, undrained canned crushed pineapple, and thinly sliced bananas. Stir to distribute evenly.
- 3 Pour 3 quarts gelatin mixture into each pan; chill until slightly thickened.
- 4 Chill until firm. Cut 5 by 7.
- 5 Place 1 lettuce leaf on each serving dish; add gelatin square. Cover; refrigerate at 41 F. or lower until ready to serve.