

**SALADS, SALAD DRESSINGS, AND RELISHES No.M 011 00**  
**LOW CALORIE YOGURT DRESSING**

**Yield** 100

**Portion** 2 Tablespoons

<b>Calories</b>	<b>Carbohydrates</b>	<b>Protein</b>	<b>Fat</b>	<b>Cholesterol</b>	<b>Sodium</b>	<b>Calcium</b>
25 cal	4 g	2 g	0 g	2 mg	93 mg	57 mg

**Ingredient**

YOGURT,PLAIN,LOWFAT  
 ONIONS,FRESH,CHOPPED  
 PARSLEY,FRESH,BUNCH,CHOPPED  
 CELERY,FRESH,CHOPPED  
 SUGAR,GRANULATED  
 VINEGAR,DISTILLED  
 SALT  
 GARLIC POWDER

**Weight**

6-1/2 lbs  
 1 lbs  
 3-1/8 oz  
 6-1/3 oz  
 3-1/2 oz  
 6-1/4 oz  
 5/8 oz  
 1/4 oz

**Measure**

3 qts  
 2-7/8 cup  
 1-1/2 cup  
 1-1/2 cup  
 1/2 cup  
 3/4 cup  
 1 tbsp  
 1/3 tsp

**Issue**

1-1/8 lbs  
 3-1/4 oz  
 8-2/3 oz

**Method**

- 1 Mix together yogurt, onions, parsley, celery leaves, sugar, vinegar, salt, and garlic. Stir well to blend.
- 2 Cover; refrigerate until ready to serve. CCP: Hold for service at 41 F. or lower.