

**MEAT, FISH, AND POULTRY No.L 040 01**  
**STUFFED GREEN PEPPERS (FROZEN)**

**Yield** 100

**Portion** 1 Pepper

<b>Calories</b>	<b>Carbohydrates</b>	<b>Protein</b>	<b>Fat</b>	<b>Cholesterol</b>	<b>Sodium</b>	<b>Calcium</b>
260 cal	26 g	16 g	10 g	50 mg	1429 mg	43 mg

**Ingredient**

PEPPERS,STUFFED  
SAUCE,TOMATO,CANNED

**Weight**

50 lbs  
14 lbs

**Measure**

1 gal 2-1/2 qts

**Issue**

**Method**

- 1 Pour tomato sauce evenly over peppers. Follow manufacturer's directions for cooking stuffed peppers. CCP: Internal temperature must reach 165 F. or higher for 15 seconds. Hold at 140 F. or higher.