

DESSERTS (PUDDINGS AND OTHER DESSERTS) No.J 011 00

BANANA SPLIT

Yield 100

Portion 1 Each

Calories	Carbohydrates	Protein	Fat	Cholesterol	Sodium	Calcium
361 cal	53 g	5 g	16 g	30 mg	110 mg	132 mg

Ingredient

BANANA,FRESH
 JUICE,ORANGE
 ICE CREAM,VANILLA
 ICE CREAM TOPPING,FUDGE
 WHIPPED TOPPING,12 OZ CAN
 PECANS,CHOPPED
 CHERRIES,MARASCHINO,SLICED

Weight

13 lbs
 1-1/8 lbs
 15-1/8 lbs
 8-5/8 lbs
 1-1/4 lbs
 8 oz
 1-1/8 lbs

Measure

2 cup
 3 gal 1 qts
 3 qts 1 cup
 2 qts
 2 cup

Issue

20 lbs

Method

- 1 Peel and slice bananas lengthwise into quarters; place on pan.
- 2 Pour juice over bananas; cover with waxed paper; refrigerate until ready to serve.
- 3 Make banana splits to order. Place 1/2 cup ice cream in soup bowl. Drain 2 banana quarters; place 1 on each side of ice cream. Ladle 2 tablespoons of topping over ice cream. Top with 1 tablespoon whipped topping, 1 teaspoon chopped pecans and 1/2 maraschino cherry.

Notes

- 1 In Step 3, Chocolate Sauce, Recipe No. K 005 00, or Butterscotch, Fudge, Marshmallow, Pineapple, or Strawberry Topping, or Whipped Topping, Recipe No. K 002 00 may be used.