

## GINGER MOLASSES BARS (SUGAR COOKIE MIX)

Yield 100

Portion 2 Bars

Calories	Carbohydrates	Protein	Fat	Cholesterol	Sodium	Calcium
231 cal	34 g	1 g	10 g	0 mg	192 mg	15 mg

**Ingredient**

COOKIE MIX,SUGAR  
 GINGER,GROUND  
 CINNAMON,GROUND  
 MOLASSES  
 WATER  
 COOKING SPRAY,NONSTICK

**Weight**

10 lbs  
 1-1/8 oz  
 5/8 oz  
 8-2/3 oz  
 1 lbs  
 2 oz

**Measure**

1/4 cup 2-1/3 tbsp  
 2-2/3 tbsp  
 3/4 cup  
 2 cup  
 1/4 cup 1/3 tbsp

**Issue****Method**

- 1 Prepare cookie mix according to instructions on container.
- 2 Add ginger, cinnamon, molasses, and water. Beat at medium speed 1 minute. DO NOT OVERMIX.
- 3 Lightly spray pans with non-stick cooking spray. Spread dough evenly into each pan. Bake at 350 F. for 25 minutes. Cut 6 by 18 while still warm.