

PANCAKES, BUTTERMILK, FROZEN

Yield 100

Portion 2 Cakes

Calories	Carbohydrates	Protein	Fat	Cholesterol	Sodium	Calcium
280 cal	53 g	6 g	4 g	11 mg	623 mg	76 mg

Ingredient

PANCAKES,FROZEN

Weight

27 lbs

Measure

Issue

Method

- 1 Prepare pancakes according to instructions on the package. Usual baking instructions are as follows: Bake pancakes on sheet pans in a 400 F. convection oven for 3-4 minutes.