

## **GUIDELINES FOR USE OF CONVENIENCE PREPARED FOODS**

Convenience prepared foods reduce labor since they only require heating. Specific cooking instructions should be located on each advanced foods package. Items to be considered when using convenience prepared foods are cooking times, nutrient content and serving size. Cooking times, nutrient content and serving size will vary among manufacturers for identical food items, therefore, in order to maintain the quality of these convenience prepared foods, instructions must be read and followed every time a convenience prepared food is utilized.