

REFRIED BEANS (CANNED BEANS)

Yield 100

Portion 1/2 Cup

Calories	Carbohydrates	Protein	Fat	Cholesterol	Sodium	Calcium
107 cal	17 g	6 g	2 g	9 mg	325 mg	38 mg

Ingredient

BEANS,REFRIED
COOKING SPRAY,NONSTICK

Weight

24 lbs
2 oz

Measure

2 gal 2-7/8 qts
1/4 cup 1/3 tbsp

Issue

Method

- 1 Use canned refried beans.
- 2 Lightly spray each steam table pan with non-stick cooking spray. Spread an equal quantity of bean mixture in each sprayed pan. Bake in 350 F. oven for 30 minutes. CCP: Internal temperature must reach 145 F. or higher for 15 seconds. Hold at 140 F. or higher for service.
- 3 If desired, mashed bean mixture may be fried on greased 350 F. griddle.