

SALADS, SALAD DRESSINGS, AND RELISHES No.M 025 05
JELLIED BANANA SALAD

Yield 100

Portion 5 Ounces

Calories	Carbohydrates	Protein	Fat	Cholesterol	Sodium	Calcium
93 cal	22 g	2 g	0 g	0 mg	44 mg	16 mg

Ingredient

DESSERT POWDER,GELATIN,ORANGE
 WATER,BOILING
 WATER,COLD
 BANANA,FRESH,CHOPPED
 LETTUCE,LEAF,FRESH,HEAD

Weight

3-1/2 lbs
 8-1/3 lbs
 8-1/3 lbs
 7-1/4 lbs
 4 lbs

Measure

1 qts 3 cup
 1 gal
 1 gal
 1 gal 1-1/2 qts

Issue

11-1/8 lbs
 6-1/4 lbs

Method

- 1 Add gelatin to boiling water; stir until dissolved.
- 2 Add cold water; mix well.
- 3 Pour 3 quarts gelatin mixture into each pan; chill until slightly thickened.
- 4 Add 1/3 sliced bananas to gelatin in each pan; stir gently to distribute evenly.
- 5 Chill until firm. Cut 5 by 7.
- 6 Place 1 lettuce leaf on each serving dish; add gelatin square. Cover; refrigerate at 41 F. or lower until ready to serve.