

MANICOTTI, FROZEN

Yield 100

Portion 5 Ounces

Calories	Carbohydrates	Protein	Fat	Cholesterol	Sodium	Calcium
433 cal	35 g	24 g	21 g	996 mg	664 mg	389 mg

Ingredient

COOKING SPRAY, NONSTICK
 MANICOTTI, CHEESE, FROZEN, W/SAUCE

Weight

2 oz
 48 lbs

Measure

1/4 cup 1/3 tsp

Issue

Method

- 1 Preheat convection oven to 300 F. with fan on.
- 2 Spray steam table pans with non-stick cooking spray.
- 3 Remove manicotti from original container and place right-side up into steam table pans.
- 4 Cook according to times and temperatures contained in manufacturer's instructions on package. Usual cooking time is 60 minutes in preheated convection oven at 300 F.
- 5 Remove from oven. CCP: Hold for service at 140 F. or higher. CAUTION: Amounts, portion sizes, and cooking times vary from brand to brand. Read manufacturer's label, cooking instructions or product description before ordering or beginning food preparation.