

Standard Protein List (Items ordered from this list should reflect the required category)

Meats and Poultry	Fish and Seafood	Special Order Items
Beef Tripe	Crab, Lump	Dark Chocolate, Bittersweet
Beef, Flank Steak	Catfish	Fondant- Pouring, Rolled
Beef Short Rib	Clams, Littleneck	Glucose
Beef Tenderloin	Cod, Filet	Glycerin
Beef, Ground	Crayfish, Fresh or Frozen	Great Lakes Gelatin
Beef, Brisket	Shelf-Stable Caviar (controlled item)	Isomalt
Beef, Tongue	Bass, Fresh Water	Marzipan
Chicken, Whole	Crab, King	Milk Chocolate
Cornish Game Hen	Crab, Blue	White Chocolate
Duck, Liver Milk Fed	Crab, Soft-Shell	Writing Chocolate
Duckling, Whole	Flounder, Whole	Sheet Gelatin
Goose, Whole	Grouper	
Lamb	Haddock, Fillet	
Lamb Rib Chop	Lobster Tails, Frozen	
Lamb Stew Meat	Mackerel, Whole	
Lamb, Frenched Rack	Mussels, Fresh	
Lamb, Loin Saddle	Perch, Yellow or White	
Lamb, Loin Chops	Red Snapper, Whole	
Ox Tail	Salmon, Fillet	
Pheasant, Whole	Salmon, Whole	
Pork Butt	Scallops, Sea U10	
Pork, Baby Back Ribs	Scallops, Sea U20	
Pork Bacon	Sea Bass, Whole	
Pork, Chop Center Cut	Shrimp, All Sizes	
Pork Country Ham	Sole, Dover	
Pork Ham Hocks	Tilapia	
Pork Loin Bone In	Trout, Rainbow	
Pork Prosciutto		
Pork Smoked Bacon		
Pork Spare Ribs		
Pork Tenderloin		
Quail, Whole		
Turkey Breast		
Turkey, Whole		
Veal, Loin Bone on		
Veal, Liver Top		
Veal, Shank		
Veal, Tenderloin		
<p>The cost of the MCACTE continues to increase. To help keep costs down a standardized protein list will continue to be utilized. The MCACTE ration staff will only purchase protein items on this list. It is recommended that Team Managers / Team Captains review this list prior to designating their team dishes. Teams may utilize items that are not on this list, however, they will be required to purchase and procure these additional items.</p>		

Self Service Ration Store (This list is subject to change with advanced notice)

Almond Oil	Chocolate Chips	Granola Cereal	Cherries 16 oz Jar	Habanero Peppers	Almonds, Whole
Almond Paste Roll	Chopped Hazelnuts	Granulated Garlic	Lite Apricot Halves, Cnd	Nonpareils	Bay Leaves, Whl
Anchovy Fillets	Chow-Chow Piccalilli	Granulated Onion	Malt Vinegar	Rice Paper	Bouillon, Beef
Anchovy Stuffed Olives	Cimonolio	Grape Seed Oil	Maraschino Cherries	Roasted Garlic	Bouillon, Chicken
Angel Egg White Mix	Cinder Vinegar	Green Tea	Marsala Cooking Wine	Rosemary, Dry	Broth, Vegetable
Apple Cider Vinegar	Cinnamon Mill	Grenadine	Marzipan Dough Roll	Rst Pepper Olive Oil	Tomato Sauce
Aromatic Britters	Classic Olive Oil	Ground Allspice	Meat Magic	Saffron, Envelope	Walnut Oil
Avocado Oil	Coconut Milk	Ground Cinnamon	Mesquite Liquid Smoke	Salad Oil	Walnuts, Shelled
Balsamic Vinegar	Cooking Wine	Ground Cumin	Mirin	Salsa Pico De Gallo	White Balsamic Vinegar
Chianti Red Wine Vinegar	Commeal	Ground Ginger	Olives, Kalamata	Sauce Cocktail	Whole Fennel Seeds
Balsamic Garlic	Counvertur White Blk	Ground Nutmeg	Onion Powder	Sauce Fruity Brown	Whole Sesame Seeds
Avocado	Course Kosher Salt	Ground Red Pepper	Onion Salt	Sauce Green Jalapeno	Yellow Rice
Artichoke Hearts	Creole Seasoning	Ground Thyme	Orange Marinade	Sauce Hot	Zesty Italian Seasoning
Basil Olive Oil	Crunchy Cereal	Guava Nectar	Oregano Leaves	Sauce Wasabi	
Basilolio	Crushed Red Pepper	Gum Paste	Oyster Sauce	Saute' Oil	
Bay Leaves	Curry Powder	Ham Base	Papaya, Cnd	Seafood Magic	
Beef Bouillon	Curry Sauce	hawaiian Macadamia	Paprika	Seasoned Vinegar	
Best Blend	Dill Seed Ground	Hazelnut Oil	Peach Preseserves	Sesame Oil	
Bing Cherries	Dill Weed 5oz	Hazelnuts, Whl, Bg	Peaches, Cnd	Sesame Seed	
Black Pepper	Dried Blueberries	Herbal Lemon Tea, Bg	Peanut Oil	Sherry Vinegar	
Black Peppercorns	Dried Cherries	Hoisin Sauce	Peanut Pepper Sauce	Sliced Almonds	
Black Sesame Seeds	Dried Cranberries	Horseradish	Peanut Sauce Mix	Spanish Olives	
Black Truffle Olive Oil	Dried Tart Cherries	Horseradish, Creamy	Pectin	Star Anise	
Boysenberries, Cnd	Dried Tomato Halves	Hot Curry Sauce	Pepper, Oil	Steak Sauce	
Branston Pickle Relish	Dried Tomatoes-Cello	Hot Spicy Garlic Oil	Peppercorn Melange	Strawberries, Cnd	
Panko Bread Crumbs	Egg White Mix	Instant Coffee	Pesto Sauce Mix	Strawberry Preserves	
Sicilian	Extra Light Olive Oil	Instant NF Dry Milk	Picka Peppa Sauce	Sugar, Brown	
Buffalo Wing Sauce	Extra Virgin Olive Oil	Island Jerk Seasoning	Pickling Spice	Sugar, Granulated	
Wine Vinegar	Figs, Dried	Italian Seasoning	Pine Nuts	Sugar, Maple	
Cajun Seasoning	Filbert Paste	Key Lime Juice	Pistachios	Sunflower Oil	
Cake Flour	Fish Rub	Key West Lime Juice	Pizza Sauce	Sushi, Ginger	
Marinade	Flame RST Red Peppers	Kiwi	Plain Bread Crumbs	Syrup, Maple	
Caster Sugar	Flour Rose Water	Kosher Salt	Poultry Magic	Taco Seasoning Mix	
Calrose Rice	Flour Tortillas	Lady Fingers	Poultry Seasoning	Tea Bags	
Canola Oil	Flour Whole Wheat	Lemon Basil & Thyme	Provence Herbs Mill	Terragon Leaves	
Calypso	Flour, White, A.P.	Lemon Pepper Sauce	Pumpkin Seeds	Terryaki Sauce	
Vinegar	Fortune Cookies-Citrus	Lemon Zinger Tea Bags	Pure Corn Oil	Thai Curry Paste, Grn	
Chick Pea-Tin	Freezed Dried Chives	Light Chili Powder	Purple Plums	Thai Seasoning	
Chicken Flavor Cubes	Fresh Cilantro	Liquid Smoke	Raspberry Fruit Powder	Tiger Sauce	
Chicken Rub	Garlic Oil	Liquid Sweetner	Red Currant Jelly	Toasted Sesame Oil	
Chiles Chipotles, Cnd	Gourmet Lychees, CND	Marinade Sauce	Red Raspberries	Tomato Pepper Sauce	
Banana Peppers	Onions, Yellow	Pepper White Grd	Red Seedless Grapes	Worchestershire Sc	
Basil Oil	Vinegar 12.5 ounce	Pepper, Black Grd	Red Wine Vinegar	Wraps Pesto	
Chile Cumin & Garlic	White Wine Vinegar	Skim Milk and Cocoa	Rica Bran Oil	Wraps Spinach	

Service Ration Store - Produce

Self Service Produce			
Baby Grn Patty Pan	Dill	Mushroom, Fancy	Lemons
Baby Spinach	Dried Cherries	Mushroom, Oyster	Romaine Leaves
Baby Yellow Patty Pan	Dried Cranberries	Mushroom, Portabella Cap	Ruby Red Grapefruit
Baby Zucchini Squash	Eggplant	Mushroom, Shitake	Russet Baker Potato
Basil	Endive	Oranges	Lemons
Belgian Endive	Iceberg Lettuce	Papaya	Romaine Leaves
Blackberries	Flat Leaf Spinach	Parsley Curly	Ruby Red Grapefruit
Blueberries	Fresh Rosemary	Parsnip	Tarragon
Bok Choy	Fresh Thyme	Pineapple	Thyme
Boston Lettuce	Ginger Root Brazilin/Haw aii	Pears	Tomatillo Tomato
Broccoli	Golden Apples	Petite Baby Carrots	Tomato 40ct
Broccoli Floret	Granny Smith Apples	Radish Cello	Watercress
Butternut Squash	Grape Tomato	Radicchio	Watermelon
Button Mushroom Petite	Green Leaf Leaves	Raspberries	White Potato
Cabbage, Napa	Green Onion	Red Apple	Yellow Onion Jumbo
Cantaloupe	Honeydew Melon	Red Bell Pepper	Yellow Pepper
Carrots, Jumbo	Idaho Baking Potato	Red Bliss A Potato	Yellow Squash Medium
Cauliflow er	Jalapeno Pepper	Red Cabbage	Yukon Gold Potato
Celery	Jumbo Carrots	Red Grapes Seedless	Zucchini Med Fancy
Cello Spinach	Kiw i	Red Leaf	
Cherry Tomato	Large Green Pepper	Red Onion Jumbo	
Cilantro Crate	Leeks	Roma Tomato	

Service Ration Store - Dairy

Self Service Dairy			
Asiago Cheese	Cream, Heavy Whipping 40%	Half & Half	Muenster Cheese
Blue Cheese	Danish Blue Cheese	Heavy Cream	Parmesan, block
Butter Solids Salted	Egg Beaters	Margarine	Plain Yogurt
Butter Unsalted	Eggs	Mascarpone Cheese	Provolone Cheese
Buttermilk	Feta Cheese	Milk	Ricotta Cheese
Cheddar Cheese	Gorgonzola Cheese	Monterey Jack Cheese	Sharp Cheddar Cheese
Cream Cheese	Gouda Cheese	Mozzarella Cheese	Sour Cream
			Stilton Blue Cheese

Mandatory Protein Options for W3

*North American Meat Processors (NAMP) Numbers are to be utilized when ordering these proteins.

- **SEAFOOD**
 - Atlantic Salmon – 18 lbs each (gutted)
 - Gulf Red Snapper (25 lbs)
 - Whole Gulf Shrimp
 - -LG 31/35
 - -XL 21/25
 - Sea Scallops
 - U10
 - U20

- **POULTRY**
 - Duck (P3000)
 - Turkey (P2001) (14-16lbs)
 - Rock Cornish Hen (P1500)
 - Broiler Chicken (P1000)

- **BEEF**
 - Beef Loin, Full Loin (147A)
 - Beef Rib, Ribeye, Lip-on (112A)

- **LAMB**
 - Lamb Rack, Chinned (204A – full rack)
 - Lamb Loins, Saddle (231)

- **VEAL**
 - Veal Osso Buco, Hindshank (1337)

**Protiens for W3 must come from this list.*