

<b>MRE 40 Menus</b>		
<b>Case A</b>		
<b>Menu 1</b>	<b>Menu 2</b>	<b>Menu 3</b>
Chili w/Beans Cheddar Cheese Spread Veg Crackers Cornbread Snack Food- Cheese Filled 15/ Fortified Carbohydrate Bev Powder 1/ Spoon Flameless Ration Heater Hot Beverage Bag Paperboard Sleeve Accessory Packet A	Beef Shredded in Barbecue Sauce Black Beans in Seasoned Sauce Jalapeno Cheddar Cheese Spread Tortillas 19/ Cookies 7/ Fortified Carbohydrate Bev Powder 1/ Spoon Flameless Ration Heater Hot Beverage Bag Paperboard Sleeve Paperboard Insert Card* Accessory Packet C	Chicken w/ Egg Noodles and Vegetables Wet Pack Fruit 11/ Crackers Smooth Peanut Butter Jelly/Jam 12/ Candy 6/ Fortified Carbohydrate Bev Powder 1/ Hot Sauce Spoon Flameless Ration Heater Hot Beverage Bag Paperboard Sleeve Paperboard Insert Card* Accessory Packet A
<b>Menu 4</b>	<b>Menu 5</b>	<b>Menu 6</b>
Spaghetti w/Beef and Sauce Chocolate Chip Toaster Pastry Cheddar Cheese Spread Italian Bread Sticks Infused and Dried Fruit 10/ Chocolate Hazelnut Protein Drink Powder Spoon Flameless Ration Heater Paperboard Sleeve Accessory Packet B	Chicken Chunks First Strike Bar 9/ Cheddar Cheese Spread Tortillas 19/ Snack Food- Other 16/ Teriyaki Meat Snack Stick Carbohydrate Electrolyte Bev Powder 2/ Barbecue Sauce Spoon Paperboard Sleeve Flameless Ration Heater Accessory Packet B	Beef Taco Filling Santa Fe Style Rice and Beans Cheddar Cheese Spread Tortillas 19/ Nuts and Raisins w/ Pan Coated Choc Disks Orange Fortified Non-nutritive Bev Base Spoon Flameless Ration Heater Hot Beverage Bag Paperboard Sleeve Paperboard Insert Card* Accessory Packet A

Menu 7	Menu 8	Menu 9
Beef Strips in Tomato Sauce Chocolate Pudding with Protein Smooth Peanut Butter Snack Bread 14/ Jelly/Jam 12/ Candy 4/ Irish Cream Cappuccino Spoon Flameless Ration Heater Paperboard Sleeve Paperboard Insert Card* Accessory Packet B	Meatballs in Marinara Sauce Cherry Blueberry Cobbler Cookies 7/ Jalapeno Cheddar Cheese Spread Italian Bread Sticks Teriyaki Meat Snack Stick Fortified Carbohydrate Bev Powder 1/ Spoon Flameless Ration Heater Hot Beverage Bag Paperboard Sleeve Paperboard Insert Card* Accessory Packet C	Beef Stew Pound Cake 3/ Smooth Peanut Butter Snack Bread 14/ Jelly/Jam 12/ Candy 6/ Fortified Carbohydrate Bev Powder 1/ Hot Sauce Spoon Flameless Ration Heater Hot Beverage Bag Paperboard Sleeve Accessory Packet A
Menu 10	Menu 11	Menu 12
Chili and Macaroni Pound Cake 3/ Jalapeno Cheddar Cheese Spread Veg Crackers Teriyaki Meat Snack Stick Candy 4/ Carbohydrate Electrolyte Bev Powder 2/ Crushed Red Pepper Spoon Hot Beverage Bag Flameless Ration Heater Paperboard Sleeve Accessory Packet A	Vegetable Crumbles with Pasta Wet Pack Fruit 11/ First Strike Bar 9/ Chunky/Crunchy Peanut Butter Crackers Nuts 13/ French Vanilla Capuccino Hot Sauce Spoon Flameless Ration Heater Paperboard Sleeve Paperboard Insert Card* Accessory Packet B	Elbow Macaroni in Tomato Sauce Barbecue Protein Puffs Wet Pack Fruit 11/ Smooth Peanut Butter Jelly/Jam Snack Bread 14/ Chocolate Protein Drink Powder Hot Sauce Spoon Flameless Ration Heater Hot Beverage Bag Paperboard Sleeve Paperboard Insert Card* Accessory Packet A

<b>Case B</b>		
<b>Menu 13</b>	<b>Menu 14</b>	<b>Menu 15</b>
Cheese Tortellini in Tomato Sauce Nuts 13/ Chocolate Peanut Spread Crackers Recovery Trail Mix with Pretzels Carbohydrate Electrolyte Bev Powder 2/ Hot Sauce Spoon Flameless Ration Heater Hot Beverage Bag Paperboard Sleeve Accessory Packet C	Creamy Spinach Fettuccini First Strike Bar 9/ Smooth Peanut Butter Crackers Snack Food-Pretzels 17/ Chocolate Protein Drink Powder Crushed Red Pepper Spoon Hot Beverage Bag Flameless Ration Heater Paperboard Sleeve Accessory Packet A	Mexican Style Chicken Stew Wet Pack Fruit 11/ Snack Food- Cheese Filled 15/ Jalapeno Cheddar Cheese Spread Crackers First Strike Bar 9/ Chocolate Hazelnut Cocoa Crushed Red Pepper Spoon Flameless Ration Heater Paperboard Sleeve Paperboard Insert Card* Accessory Packet B
<b>Menu 16</b>	<b>Menu 17</b>	<b>Menu 18</b>
Chicken Burrrito Bowl Recovery Trail Mix with Pretzels Filled Bakery Item 8/ Tortillas 19/ Cheddar Cheese Spread Hot Sauce Fortified Carbohydrate Bev Pdr 1/ Spoon Flameless Ration Heater Hot Beverage Bag Paperboard Sleeve Accessory Packet C	Pork Sausage Patty Hashbrown Potatoes Granola with Milk and Blueberries Muffin Top 18/ Nuts 13/ Carbohydrate Electrolyte Bev Powder 2/ Syrup Spoon Flameless Ration Heater Hot Beverage Bag Paperboard Sleeve Accessory Packet A	Beef Ravioli in Meat Sauce Muffin Top /18 Cheddar Cheese Spread Snack Bread 14/ Candy 5/ Fortified Carbohydrate Bev Powder 1/ Hot Sauce Spoon Flameless Ration Heater Hot Beverage Bag Paperboard Sleeve Accessory Packet C

Menu 19	Menu 20	Menu 21
<p>Jalapeno Pepper Jack Beef Patty  Potatoes Au Gratin  Cookies 7/  Bacon Cheddar Cheese Spread  Tortillas 19/  Candy 5/  Orange Fortified Non-nut Swt Bev Base  Barbecue Sauce  Mayonnaise  Spoon  Flameless Ration Heater  Hot Beverage Bag  Paperboard Sleeve  Paperboard Insert Card*  Accessory Packet A</p>	<p>Italian Sausage  Recovery Trail Mix with Beef Jerky  Infused and Dried Fruit 10/  Cheddar Cheese Spread  Crackers  Nuts 13/  Orange Fortified Non-nut Swt Bev Base  Spoon  Flameless Ration Heater  Hot Beverage Bag  Paperboard Sleeve  Accessory Packet A</p>	<p>Lemon Pepper Tuna  Pound Cake 3/  Cheddar Cheese Spread  Tortillas 19/  Snack Food- Other 16/  Fortified Carbohydrate Bev Powder 1/  Candy 5/  Mayonnaise  Spoon  Flameless Ration Heater  Paperboard Sleeve  Accessory Packet B</p>
Menu 22	Menu 23	Menu 24
<p>Beef Goulash  Wet Pack Fruit 11/  Chunky/Crunchy Peanut Butter  Jelly/Jam  Snack Bread 14/  Patriotic Cookies  Chocolate Hazelnut Protein Drink Powder  Spoon  Flameless Ration Heater  Paperboard Sleeve  Paperboard Insert Card*  Accessory Packet B</p>	<p>Pepperoni Pizza Slice  Cherry Blueberry Cobbler  Jalapeno Cheddar Cheese Spread  Veg Crackers  Cookies 7/  Chocolate Protein Drink Powder  Spoon  Flameless Ration Heater  Hot Beverage Bag  Paperboard Sleeve  Paperboard Insert Card*  Accessory Packet A</p>	<p>Southwest Beef and Black Beans  Apple Pieces in Spiced Sauce  Pound Cake 3/  Teriyaki Meat Snack Stick  Cheddar Cheese Spread  Tortillas 19/  Mocha Cappuccino  Spoon  Flameless Ration Heater  Paperboard Sleeve  Paperboard Insert Card*  Accessory Packet B</p>

\* Paperboard Insert Cards are to be included when the pouch for a fruit (cobbler & wet pack fruit) or starch (potato, bean or rice) component of the ration do not contain all of the required labeling.

**Note:** The ration assemblers may request a substitution for items that they are having difficulty obtaining or producing. Where a component is found to vary from what is listed under the menu, notation in the inspection report is adequate and there is no need to contact the procurement agency.

**Can be on of the listed flavors/types:**

- 1/ Lemon-lime, Orange & Tropical Punch
- 2/ Fruit Punch, Grape, Lemon-Lime & Orange
- 3/ Vanilla, Lemon Poppy Seed, Marble & Applesauce
- 4/ Cherry Licorice & Peppermint Candy Rings
- 5/ Plain Milk Chocolate Disks, Plain Peanut Butter Disks & Milk Chocolate with Peanuts
- 6/ Original, Berry & Sweet and Sour
- 7/ Oatmeal, Oatmeal Chocolate Chip & Oatmeal Chocolate Chunk
- 8/ Cinnamon Bun & Apple Turnover
- 9/ Chocolate, Apple-Cinnamon & Cran Raspberry
- 10/ Sliced Cranberries & Whole Raisins
- 11/ Raspberry Applesauce, Carbohydrate Enhanced Applesauce & Mango and Peach Applesauce
- 12/ Apple and Grape Jelly & Blackberry and Strawberry Preserves
- 13/ Salted Dry Roasted Peanuts, Jalapeno Cashews & Smoked Almonds
- 14/ Wheat, Multigrain & White Wheat
- 15/ Pepperoni Pizza Filled Crackers & Cheddar Cheese Filled Pretzels
- 16/ Barbecue Toasted Corn Kernels & Cheddar Cheese Baked Snack Crackers
- 17/ Pretzel Sticks & Honey Mustard and Onion Pretzel Nuggets
- 18/ Chocolate Banana Nut & Maple
- 19/ Plain & Chipotle

**Accessory Packet A**

Chewing Gum  
Hand Wipe  
Salt  
Toilet Tissue  
Safety Matches  
Coffee  
Creamer  
Sugar

**Accessory Packet B**

Chewing Gum  
Hand Wipe  
Salt  
Toilet Tissue  
Bev Base, Non-Nutritive (Lemonade, Raspberry & Cranberry-Grape)

**Accessory Packet C**

Chewing Gum  
Hand Wipe  
Salt  
Toilet Tissue  
Coffee  
Creamer  
Sugar Substitute

