

FROM: CDR USAQMS FT LEE VA//ATSM-CES-QA//

TO

:AIG 7519

:AIG 11619

:CNGB ARLINGTON VA//NGB-ARL//

:CDR USARC FT MCPHERSON GA//AFRC-LGT-S//

INFO

:DA G4 WASH DC//DALO-SMT//

:CDR DLA Troop Support PHILADELPHIA PA//AFRC-LGT-S//

XMT

:

ACCT

:

TEXT

:UNCLAS

SUBJECT: UNITIZED GROUP RATION SUPPLEMENTS AND ENHANCEMENTS

1. THIS MESSAGE IS EFFECTIVE IMMEDIATELY. IT APPLIES TO ARMY FIELD FEEDING FOR PEACETIME TRAINING AND CONTINGENCY OPERATIONS WHEN UNITIZED GROUP RATIONS ARE USED.

2. A SUPPLEMENT IS A MANDATORY FOOD ITEM REQUIRED TO ENSURE NUTRITIONAL REQUIREMENTS ARE MET PER GUIDELINES SET BY THE OFFICE OF THE SURGEON GENERAL. WHEN PROVIDING UNITIZED GROUP RATIONS. MILK IS THE ONLY SUPPLEMENT REQUIRED TO MEET THIS NUTRITIONAL REQUIREMENT. THE FOLLOWING IS A LISTING OF APPROVED MILK FOR THE MANDATORY SUPPLEMENT.

A. MILK, FRESH 1%, ½ PINT CONTAINERS

B. MILK, REDUCED FAT, SHELF STABLE, UHT, ½ PINT CONTAINERS

(1) CHOCOLATE, 8910-01-474-2621

(2) STRAWBERRY, 8910-01-474-2680

(3) WHITE, 8910-01-474-2623

C. MILK, SOY, SHELF STABLE, ½ PINT CONTAINERS

(1) CHOCOLATE, 8910-01-506-5245

(2) STRAWBERRY, 8910-01-506-5249

(3) WHITE, 8910-01-506-5239

D. MILK, LACTOSE FREE, LOW FAT, UHT, 1% MILKFAT, ASEPTICALLY PACKAGED, 8 OZ CO, 27/CASE,

3. THE UNTIZED GROUP RATION MAY BE ENHANCED WITH FOOD ITEMS TO INCREASE VARIETY AND SOLDIER ACCEPTABILITY. USE OF ENHANCEMENTS IS A DECISION TO BE MADE BY THE LOCAL COMMANDER IN ACCORDANCE WITH KNOWN OPTEMPO. YOU ARE ENCOURAGED TO USE LOCAL PRIME VENDORS IN SUPPORTING THESE ENHANCEMENT ITEMS. VETERINARY PERSONNEL SHOULD BE CONSULTED FOR ISSUES REGARDING FOOD SAFETY AND APPROVED SOURCE OF PROCURED FOOD PRODUCTS. LOCAL COMMAND DECISIONS ARE LIMITED TO THE AUTHORIZED ENHANCEMENTS PROVIDED IN THE FOLLOWING PARAGRAPHS. PROPER INVENTORY MANAGEMENT OF ENHANCEMENTS MUST BE FOLLOWED TO PREVENT WASTE AND ABUSE. THESE QUANTITIES CAN BE ADJUSTED AS REQUIRED TO AVOID WASTE.

A. FRESH FRUITS CAN BE MADE AVAILABLE AT ALL MEALS. NO MORE THAN TWO DIFFERENT FRUITS PER MEAL MAY BE SERVED. THE FRUITS LISTED BELOW ARE AUTHORIZED WITH AN ISSUE FACTOR OF 18 LBS PER 50 PERSONS.

- (1) APPLES
- (2) BANANAS
- (3) ORANGES
- (4) PEARS
- (5) PLUMS

B. SUMMER SEASONAL FRESH FRUIT IS ALLOWED AND AMOUNTS ARE BASED ON 50 PERSONS.

- (1) CANTALOUPE, FRESH, 21 LBS
- (2) HONEYDEW MELONS, FRESH, 21 LBS
- (3) NECTARINES, FRESH, 18 LBS
- (4) WATERMELONS, FRESH, 26 LBS

C. ASSORTED DRY CEREAL (BOWL PACKS) ARE AUTHORIZED. ISSUE 50 INDIVIDUAL BOWL PACKS PER 50 PERSONS. WHEN DRY CEREAL IS SERVED, AN ADDITIONAL 1/2 PINT OF MILK (FROM THE APPROVED MILK LISTING) PER PERSON IS REQUIRED. THE BOWL PACK CEREAL IS AUTHORIZED AS

- (1) CEREAL, VARIETY, BOWL PACK

D. THE FOLLOWING SALAD ITEMS ARE AUTHORIZED PER 50 PERSONS:

- (1) SALAD, MIXED, BAG, 5 LBS

E. OTHER OPTIONAL SALAD/VEGETABLE ITEMS MAY BE ORDERED.

- (1) CUCUMBERS, 2 LBS
- (2) ONIONS, YELLOW DRY, 2 LBS
- (3) SPINACH, FRESH, READY-TO-USE, 2 LBS
- (4) TOMATOES, 2 LBS
- (5) RADISHES, 1/2 LB

(6) LEMONS, 2 LBS

F. SALAD DRESSING, LITE OR REGULAR CAN BE ORDERED WITH NO MORE THAN TWO DIFFERENT SALAD DRESSINGS PER MEAL. DRESSINGS SHOULD BE OBTAINED IN INDIVIDUAL PACKAGES WITH AN ISSUE FACTOR OF 100 PER BOX.

- (1) BLUE CHEESE.
- (2) FRENCH.
- (3) ITALIAN
- (4) RANCH
- (5) THOUSAND ISLAND

G. IF A HAMBURGER MEAL IS SERVED, ADDITIONAL FRESH MENU ITEMS CAN BE USED, PER 50 PERSONS.

- (1) TOMATOES, FRESH - 6 LBS
- (2) LETTUCE, FRESH - 4 LBS
- (3) ONION, YELLOW - 3 LBS,
- (4) CHEESE, AMERICAN, PROCESSED, SLICED - 5 LBS,

H. IF A STEAK MEAL IS SERVED, ADDITIONAL MENU ITEMS CAN BE USED, PER 50 PERSONS.

- (1) POTATOES, WHITE, FRESH, BAKING – ISSUE 28 LBS
- (2) SOUR CREAM, 1 OZ PACKAGE
- (3) MUSHROOMS, 1 OZ PER PERSON (DRAINED WEIGHT)

I. OTHER ADDITIONAL MENU COMPONENTS AS NECESSARY PER 50 PERSONS.

- (1) SUGAR, REFINED, WHITE, GRANULATED, 10 LBS
- (2) SUGAR, SUBSTITUTE, PC, 200,
- (3) TEA BAGS, IND SERVE, 50/BOX,
- (4) MUSTARD, PC, 100
- (5) CATSUP, PC, 100
- (6) RELISH, PC, 100
- (7) HOT SAUCE, 100
- (8) CRACKERS, SODA, SALTED, 2 PER PACKAGE, 100 EACH,

J. BREAD IS AN ENHANCEMENT AND COMMERCIAL BREAD VARIETIES ARE APPROVED.

(1) WHITE, WHEAT, RYE, RAISIN. AND MULTIGRAIN SPECIALTY SANDWICH BREADS OF VARIETY THAT IS FRENCH, BUNS, PITA, AND FLOUR TORTILLAS (FAJITAS) MAY BE AUTHORIZED AS A PART OF THE FEEDING PLAN.

K. BEVERAGE BASE POWDERS OTHER THAN QUANTITIES PROVIDED IN GROUP RATIONS OR THE MRE ARE AUTHORIZED ONLY TO ADDRESS OPERATIONS AND EXERCISES WHERE BOTTLED WATER IS EMPLOYED. THESE

BEVERAGE BASE POWDERS OR CRYSTALS MAY BE ANY FLAVOR AND SUGAR-FREE OR WITH SWEETENER OR SPORT DRINK FORMULAS.

4. USE OF SOUP IS APPROVED DURING COLD WEATHER IN INSTANT MIX FORMATS TO PROVIDE A CUP OF SOUP AS A SIDE NOT AN ENTRÉE. APPROVED PACKAGES ARE DRY/DEHYDRATED SOUP THAT YIELDS 1 GALLON PER BAG PER 4 BAG CASE, JUST ADD WATER. THE FOLLOWING TYPES OF SOUP MIXES ARE APPROVED.

- (1) CHICKEN NOODLE
- (2) CHICKEN W/ RICE
- (3) CLAM CHOWDER
- (4) CREAM OF MUSHROOM
- (5) GARDEN VEGETABLE
- (6) MINESTRONE
- (7) VEGETABLE, BEEF & BARLEY
- (8) BROCCOLI W/ CHEESE

5. USE OF SACK LUNCHES AND COMMERCIAL MEAL KITS ARE AUTHORIZED ONLY FOR CONVOY TO FIELD SITES AND RETURN AND ARE NOT TO BE USED AS AN ALTERNATIVE FOR OPERATIONAL RATIONS DURING FIELD EXERCISES. A LIST OF THE APPROVED MEAL KITS ARE POSTED ON THE ACES WEB SITE AT WWW.QUARTERMASTER.ARMY.MIL/ACES.

6. POC FOR THIS MESSAGE IS BEVERLY HAMLETTE, QUALITY ASSURANCE DIVISION, ARMY FIELD FEEDING SPECIALIST, DSN 687-4584/COMMERCIAL (804) 734-4584, EMAIL BEVERLY.HAMLETTE@US.ARMY.MIL. OR ALPHONZO BYRD, CHIEF, QUALITY ASSURANCE DIVISION, DSN 687-3005/COMMERCIAL (804) 734-3005, EMAIL ALPHONZO.BYRD@US.ARMY.MIL.