

LYONNAISE GREEN OR WAX BEANS

Yield 100

Portion 1/2 Cup

Calories	Carbohydrates	Protein	Fat	Cholesterol	Sodium	Calcium
54 cal	7 g	2 g	3 g	7 mg	102 mg	35 mg

Ingredient

ONIONS,FRESH,SLICED
 BUTTER
 BEANS,GREEN,FROZEN,WHOLE
 SALT
 WATER,BOILING
 PEPPER,BLACK,GROUND

Weight

3 lbs
 12 oz
 16 lbs
 5/8 oz
 12-1/2 lbs
 <1/16th oz

Measure

3 qts
 1-1/2 cup
 3 gal 2-5/8 qts
 1 tbsp
 1 gal 2 qts
 1/8 tsp

Issue

3-3/8 lbs

Method

- 1 Saute onions in butter or margarine until tender. Set aside for use in Step 4.
- 2 Add beans to boiling, salted water. Bring to a boil; cover; simmer 5 to 8 minutes, or until beans are just tender. Drain; reserve 1 quart liquid.
- 3 Combine onions, beans, bean liquid, and pepper. Mix lightly. Serve. CCP: Heat to 145 F. or higher for 15 seconds. Hold at 140 F. or higher for service.