

SALADS, SALAD DRESSINGS, AND RELISHES No.M 031 00

KIDNEY BEAN SALAD

Yield 100

Portion 1/2 Cup

Calories	Carbohydrates	Protein	Fat	Cholesterol	Sodium	Calcium
152 cal	16 g	5 g	8 g	47 mg	404 mg	28 mg

Ingredient

SALAD DRESSING,MAYONNAISE TYPE
 PEPPER,BLACK,GROUND
 VINEGAR,DISTILLED
 BEANS,KIDNEY,DARK RED,CANNED,DRAINED
 CELERY,FRESH,SLICED
 EGG,HARD COOKED,CHOPPED
 ONIONS,FRESH,SLICED
 PEPPERS,GREEN,FRESH,MEDIUM,SLICED,THIN
 PICKLE RELISH,SWEET

Weight

3 lbs
 1/4 oz
 8-1/3 oz
 14 lbs
 2-1/4 lbs
 2-1/4 lbs
 12 oz
 1 lbs
 2-1/8 lbs

Measure

1 qts 2 cup
 1 tbsp
 1 cup
 2 gal 1 qts
 2 qts 1/2 cup
 20 Eggs
 3 cup
 3 cup
 1 qts

Issue

3-1/8 lbs
 13-1/3 oz
 1-1/4 lbs

Method

- 1 Combine Salad Dressing, pepper, and vinegar in mixer bowl; whip or mix well. Set aside for use in Step 3.
- 2 Drain beans; rinse; drain thoroughly.
- 3 Combine dressing, beans, celery, eggs, onions, peppers, and relish; mix carefully.
- 4 Cover; refrigerate until ready to serve. CCP: Hold for service at 41 F. or lower.