

SALADS, SALAD DRESSINGS, AND RELISHES No.M 022 00
TANGY YOGURT SALAD DRESSING

Yield 100

Portion 1 Tablespoon

Calories	Carbohydrates	Protein	Fat	Cholesterol	Sodium	Calcium
18 cal	3 g	1 g	0 g	1 mg	13 mg	28 mg

Ingredient

SUGAR,GRANULATED
 VINEGAR,DISTILLED
 MUSTARD,DRY
 YOGURT,PLAIN,LOWFAT
 HORSERADISH,PREPARED

Weight

7 oz
 8-1/3 oz
 1/2 oz
 3-1/4 lbs
 2-7/8 oz

Measure

1 cup
 1 cup
 1 tbsp
 1 qts 2 cup
 1/4 cup 1-2/3 tbsp

Issue

Method

- 1 Combine sugar, vinegar, and mustard; stir until sugar is dissolved.
- 2 Add yogurt and horseradish. Blend well.
- 3 Cover; refrigerate until ready to serve. CCP: Hold for service at 41 F. or lower.