

**SALADS, SALAD DRESSINGS, AND RELISHES No.M 013 01**  
**COTTAGE CHEESE AND APRICOT SALAD**

**Yield** 100

**Portion** 1/4 Cup

<b>Calories</b>	<b>Carbohydrates</b>	<b>Protein</b>	<b>Fat</b>	<b>Cholesterol</b>	<b>Sodium</b>	<b>Calcium</b>
91 cal	10 g	8 g	3 g	8 mg	232 mg	54 mg

**Ingredient**

LETTUCE,LEAF,FRESH,HEAD  
 APRICOTS,CANNED,JUICE PACK,DRAINED  
 CHEESE,COTTAGE  
 PAPRIKA,GROUND

**Weight**

4 lbs  
 13-1/2 lbs  
 12-3/8 lbs  
 1/4 oz

**Measure**

1 gal 2-1/4 qts  
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 1 tbsp

**Issue**

6-1/4 lbs

**Method**

- 1 Separate leaves. Place 1 lettuce leaf on each serving dish.
- 2 Drain apricots. Add 2 apricot halves per leaf.
- 3 Place 2 tablespoons cottage cheese on each apricot half.
- 4 Garnish with paprika. Cover; refrigerate until ready to serve. CCP: Hold for service at 41 F. or lower.