

SALADS, SALAD DRESSINGS, AND RELISHES No.M 001 00
APPLE, CELERY, AND PINEAPPLE SALAD

Yield 100

Portion 1/2 Cup

Calories	Carbohydrates	Protein	Fat	Cholesterol	Sodium	Calcium
86 cal	12 g	0 g	5 g	3 mg	68 mg	24 mg

Ingredient

SALAD DRESSING,MAYONNAISE TYPE
 APPLES,FRESH,MEDIUM,UNPEELED,DICED
 PINEAPPLE,CANNED,CHUNKS,JUICE PACK,DRAINED
 CELERY,FRESH,CHOPPED
 LETTUCE,LEAF,FRESH,HEAD

Weight

2 lbs
 9 lbs
 4-1/4 lbs
 3 lbs
 4 lbs

Measure

1 qts
 2 gal 1/8 qts
 1 qts 3-3/4 cup
 2 qts 3-3/8 cup

Issue

10-5/8 lbs
 4-1/8 lbs
 6-1/4 lbs

Method

- 1 Combine Salad Dressing or fat free Salad Dressing and apples.
- 2 Drain pineapple.
- 3 Add pineapple and celery to apple mixture; mix lightly.
- 4 Place 1 lettuce leaf on each serving dish; add 1/2 cup salad mixture. CCP: Cover and refrigerate until ready to serve. Hold for service at 41 F. or lower.