MEAT, FISH, AND POULTRY No.L 184 00 GRILLED TURKEY PATTIES (GROUND TURKEY)

Yield 100			Portion 4-1/2 Ounces			
Calories	Carbohydrates	Protein	Fat	Cholesterol	Sodium	Calcium
204 cal	9 g	23 g	9 g	72 mg	313 mg	45 mg
Ingredient TURKEY,GROUND,90% LEAN,RAW BREADCRUMBS ONIONS,FRESH,CHOPPED PARSLEY,FRESH,BUNCH,CHOPPED SALT GARLIC POWDER PEPPER,WHITE,GROUND MUSTARD,DRY COOKING SPRAY,NONSTICK				Weight 25-1/2 lbs 3-1/8 lbs 2-7/8 lbs 3-1/2 oz 1-1/4 oz 1-1/4 oz 1/2 oz 3/4 oz 2 oz	Measure 3 qts 1 cup 2 qts 1/8 cup 1-5/8 cup 2 tbsp 1/4 cup 1/3 tbsp 2 tbsp 2 tbsp 1/4 cup 1/3 tbsp 1/4 cup 1/3 tbsp	<u>Issue</u> 3-1/4 lbs 3-2/3 oz

Method

1 Combine turkey, breadcrumbs, onions, parsley, salt, garlic, pepper and mustard; mix thoroughly.

2 Shape mixture into oval patties 1/2-inch thick weighing approximately 5 ounces each.

3 Grill patties on lightly greased griddle 8 minutes on each side. CCP: Internal temperature must reach 165 F. or higher for 15 seconds. Hold for service at 140 F. or higher.

<u>Notes</u>

1 In Step 3, turkey patties may be baked in a convection oven at 325 F. for 20 to 25 minutes on high fan, open vent.