

CHICKEN SALAD (CANNED CHICKEN)

Yield 100

Portion 3/4 Cup

Calories	Carbohydrates	Protein	Fat	Cholesterol	Sodium	Calcium
249 cal	5 g	21 g	16 g	64 mg	621 mg	48 mg

Ingredient

<u>Ingredient</u>	<u>Weight</u>	<u>Measure</u>	<u>Issue</u>
CHICKEN,BONED,CANNED,PIECES	23-1/4 lbs	2 gal 1-1/8 qts	
CELERY,FRESH,CHOPPED	11-5/8 lbs	2 gal 3 qts	15-7/8 lbs
SALAD DRESSING,MAYONNAISE TYPE	3-1/2 lbs	1 qts 3 cup	
ONIONS,FRESH,CHOPPED	1 lbs	2-7/8 cup	1-1/8 lbs
JUICE,LEMON	8-5/8 oz	1 cup	
PEPPER,BLACK,GROUND	1/3 oz	1 tbsp	
LETTUCE,LEAF,FRESH,HEAD	4 lbs		6-1/4 lbs

Method

- 1 Drain. Cut chicken into 1/2 inch pieces.
- 2 Combine chicken, celery, salad dressing, onions, lemon juice, and pepper. Mix lightly but thoroughly.
- 3 Place lettuce leaf on serving dish. Top with 3/4 cup salad. CCP: Refrigerate product at 41 F. or lower until served.