

**CHICKEN PARMESAN (PRECOOKED FILLET)**

**Yield** 100

**Portion** 7 Ounces

Calories	Carbohydrates	Protein	Fat	Cholesterol	Sodium	Calcium
559 cal	25 g	29 g	38 g	77 mg	1224 mg	181 mg

**Ingredient**

CHICKEN FILLET,BREADED,PRECOOKED,FROZEN,5 OZ  
 CHEESE,MOZZARELLA  
 SAUCE,PIZZA,CANNED  
 CHEESE,PARMESAN,GRATED

**Weight**

32 lbs  
 3 lbs  
 16-7/8 lbs  
 7 oz

**Measure**

2 qts 2-3/8 cup  
 1 gal 3 qts  
 2 cup

**Issue**

**Method**

- 1 Place 15 fillets on each sheet pan. Using a convection oven, bake at 375 F. 12 to 14 minutes on high fan, closed vent or until thoroughly heated.
- 2 Cut cheese slices in half. Place 1/2 slice cheese on each fillet.
- 3 Heat sauce to a simmer. Pour about 1 quart over each sheet pan.
- 4 Sprinkle about 4-1/2 tablespoons parmesan cheese over fillets in each pan.
- 5 Using a convection oven, bake at 375 F. 5-10 minutes or until cheese is melted on high fan, closed vent. CCP: Hold for service at 140 F. or higher.